

# Pancreatitis

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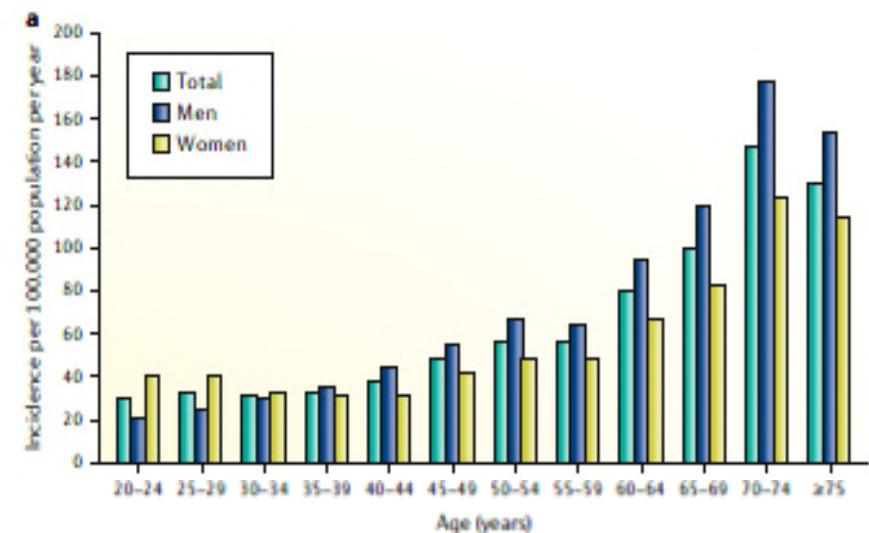
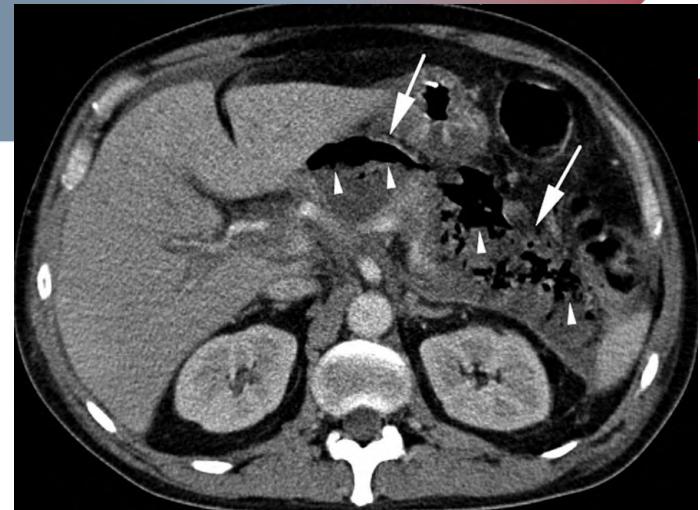
University Antwerp

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4. Groove pancreatitis

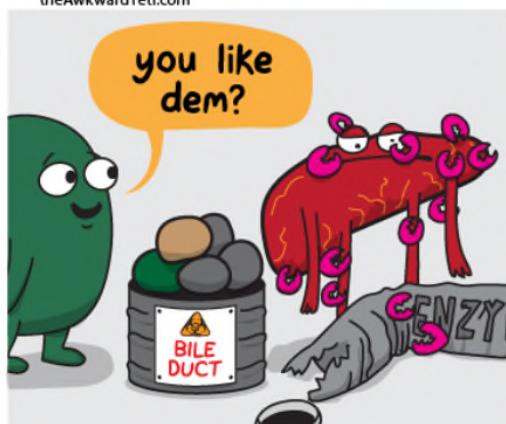
# Acute pancreatitis

- = Acute **inflammatory** and primarily **sterile** disorder of the pancreas (regardless its etiology), with a diverse and often unpredictable course
- Requires two of the three criteria fulfilled:
  - Abdominal pain
  - Elevation of serum amylase or lipase concentrations to  $\geq 3x$  the upper limit of normal
  - Typical findings on imaging (US, CT)
- Most common pancreatic disease:
  - incidence 26-43/100000/yr
  - M  $\geq$  F
  - Frequent hospital admission
  - Mortality 1,6 deaths/100000 person-yrs

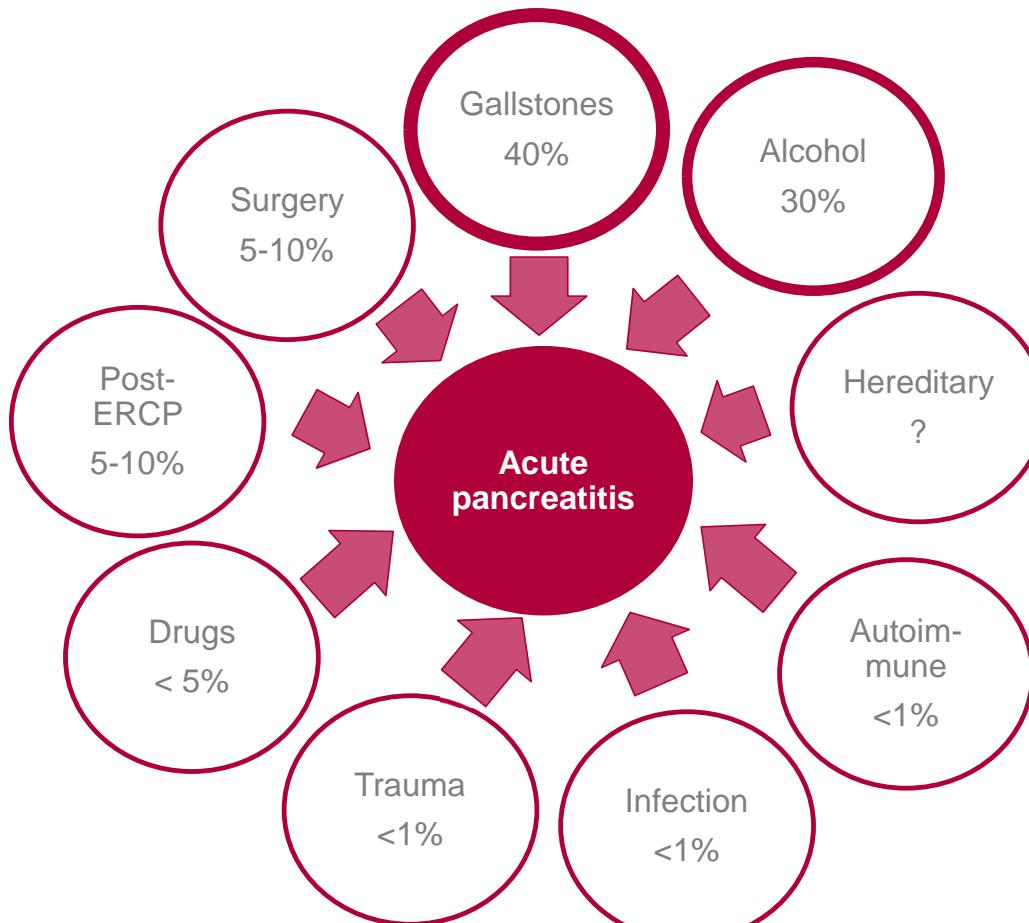


Petrov Nat GE Hepatol 2019;16:175  
Peter A Banks et al. Gut 2013;62:102-111

# Acute pancreatitis: Etiology

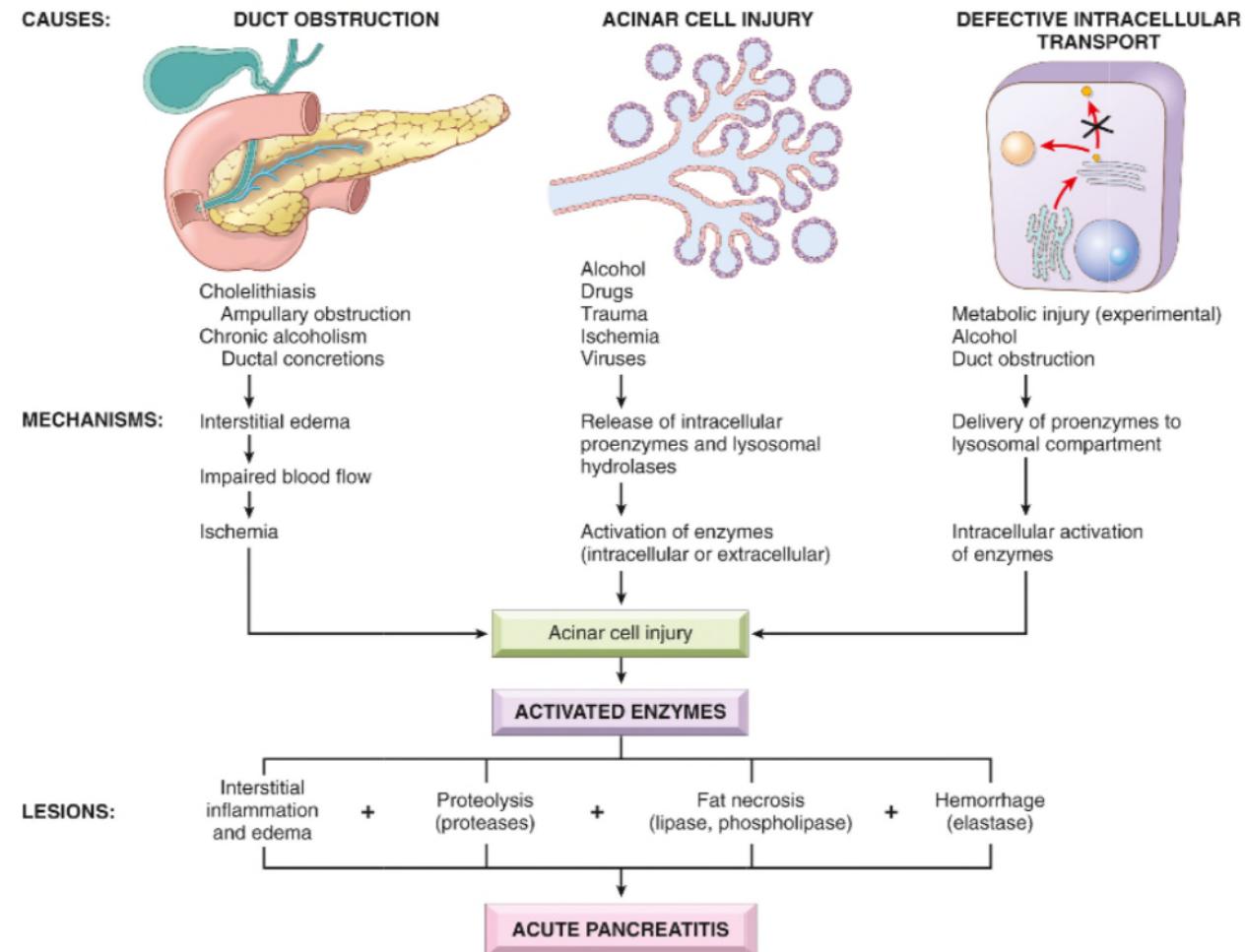


# Acute pancreatitis: Etiology

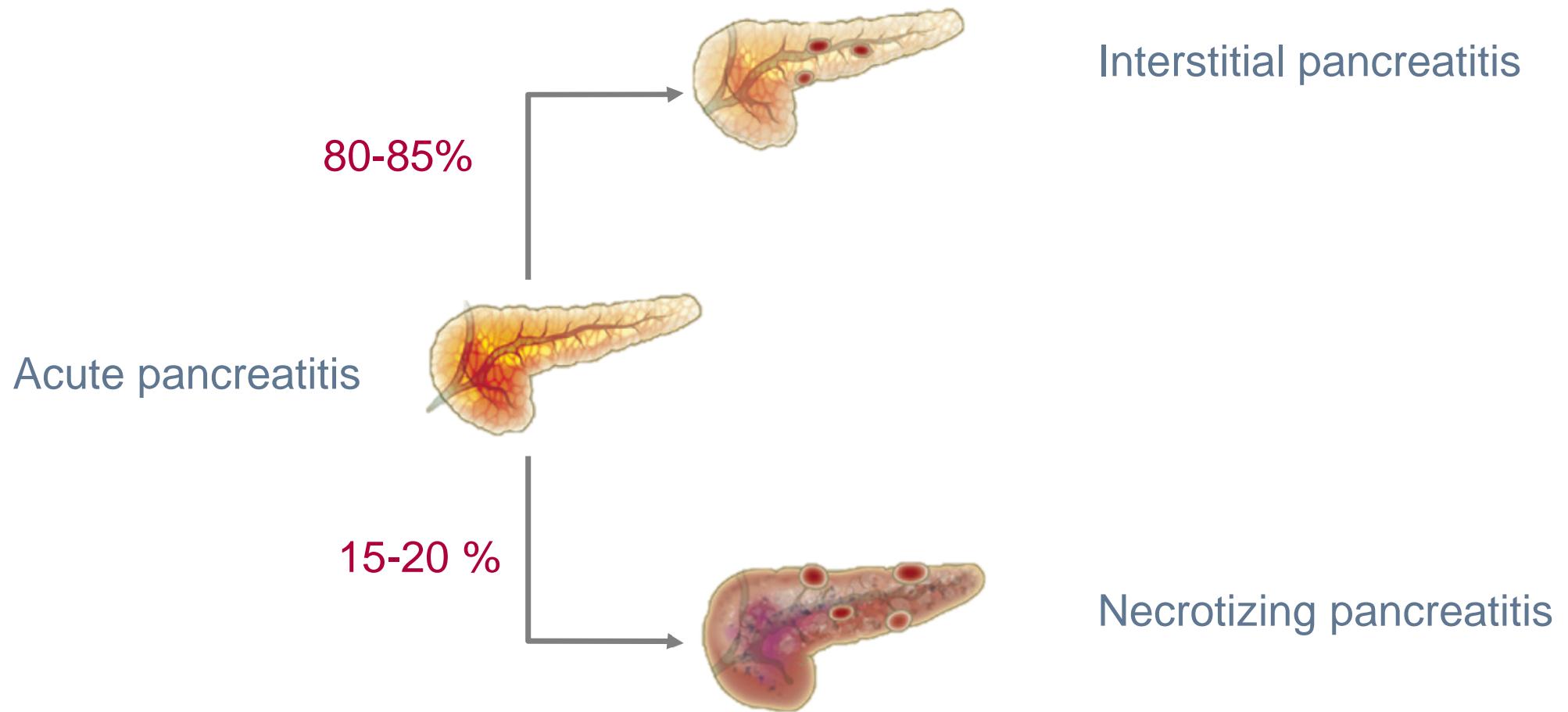


Forsmark et al. N Engl J Med 2017

# Acute pancreatitis: Pathogenesis



# Acute pancreatitis: Histopathology

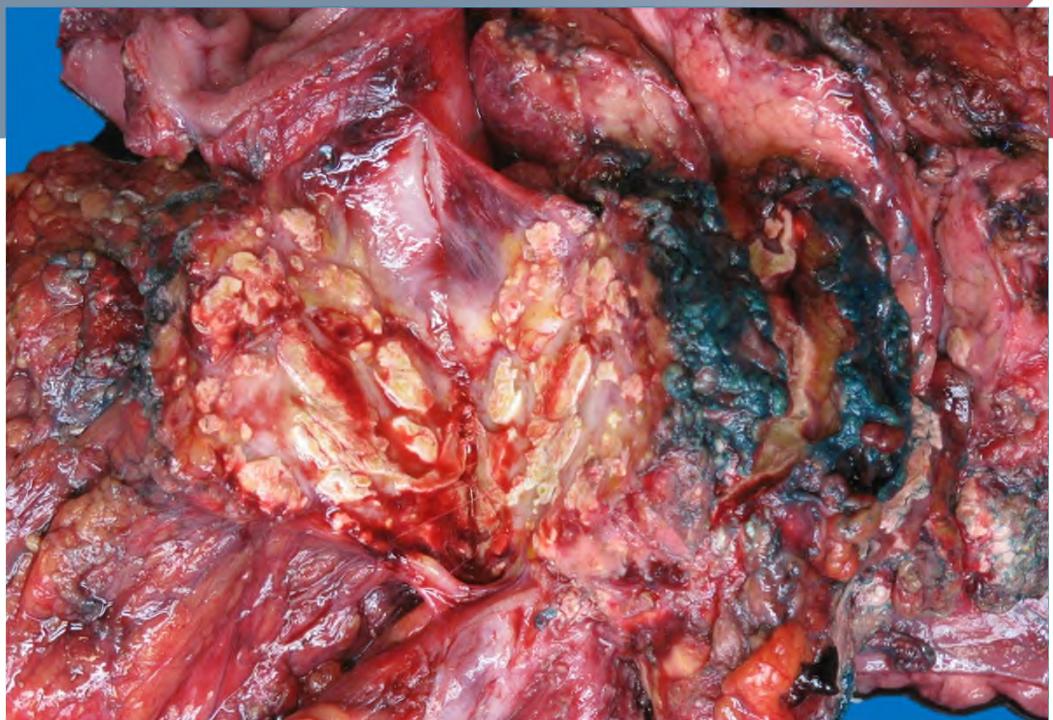
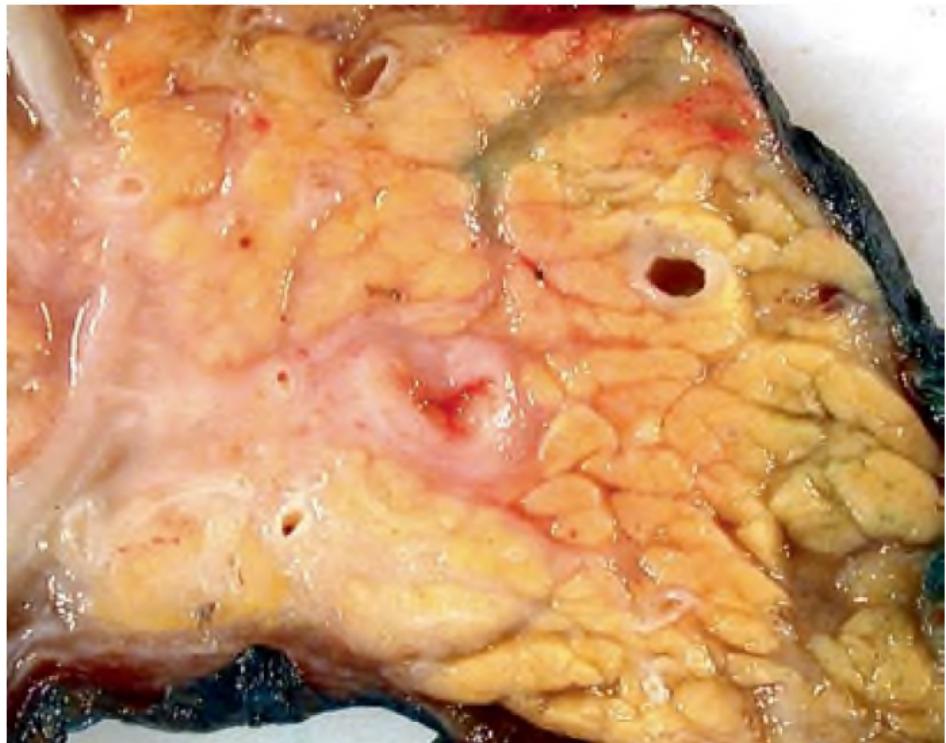


Forsmark et al. N Engl J Med 2017

# Acute pancreatitis: Histopathology

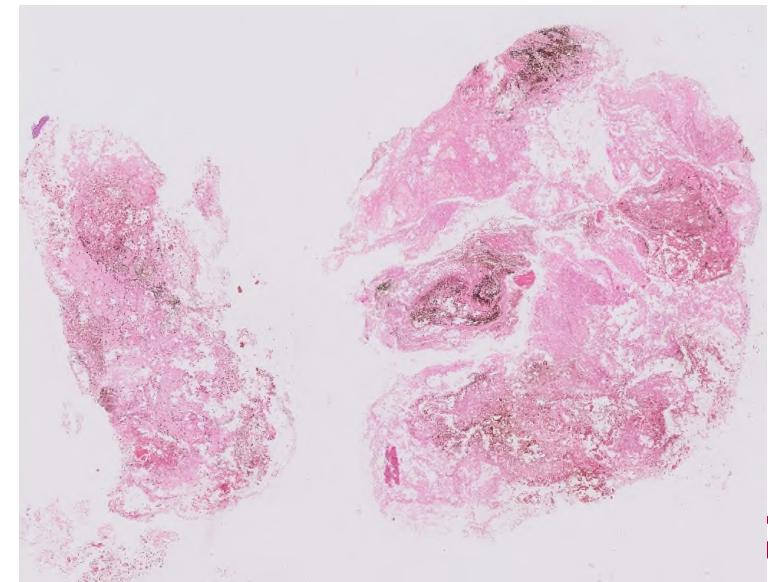
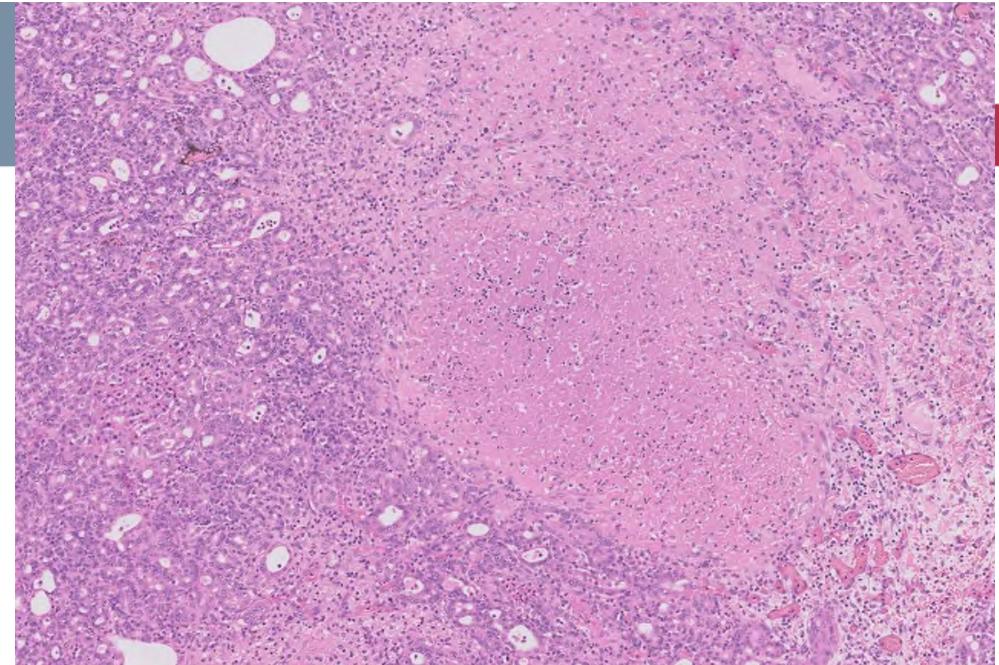
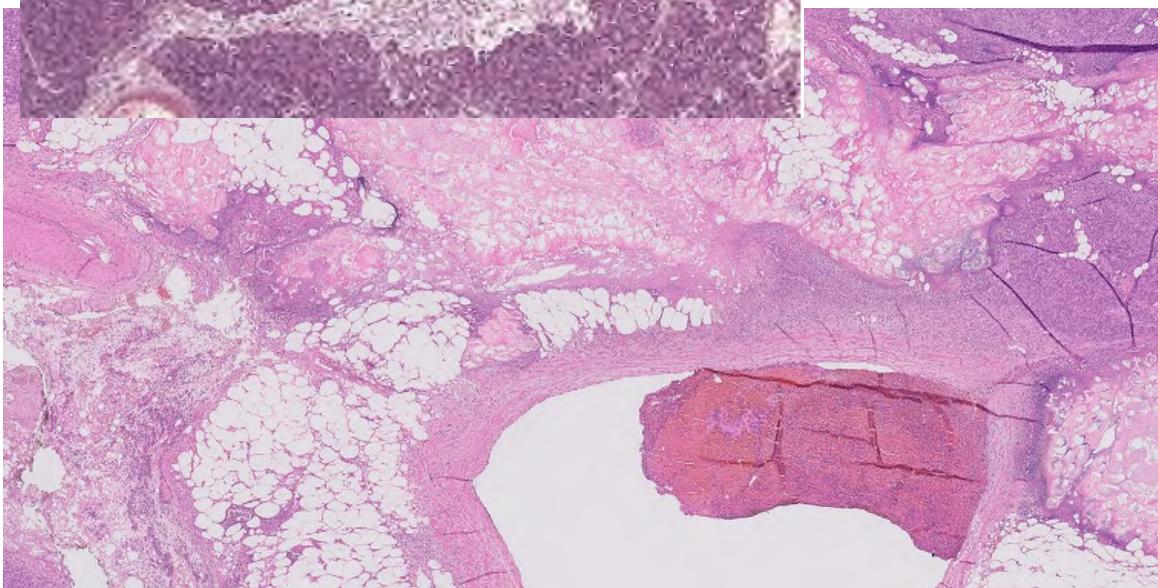
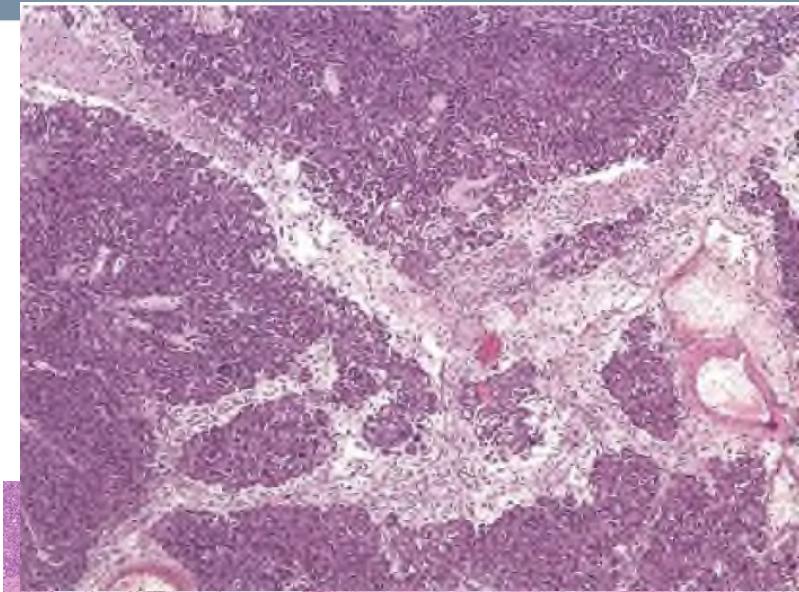
	Interstitial pancreatitis	Necrotic hemorrhagic pancreatitis
Prevalence	80-85%	15-20%
Macroscopy	Edematous, swollen pancreas	Hemorrhage, necrosis pancreas, peripancreatic
Necrosis	Rare	Acute necrosis
Fluid accumulation < 4 w after the onset of disease	Acute peripancreatic fluid accumulation, no or incomplete wall on imaging and histologically	Acute necrosis accumulation within the pancreas or peripancreatic, on imaging and histologically no or incomplete wall
Pseudocyst ( $\geq 4$ w)	Extra-pancreatic fluid accumulation with the formation of a complete wall	Extra- and intrapancreatic fluid accumulation with the formation of a complete wall, so-called "walled-off necrosis" (WON)
Mortality	<2%	<20%

## Acute pancreatitis: Macroscopy



F. Campbell, C.S. Verbeke, Pathology of the pancreas, 2021

## Acute pancreatitis: Microscopy



F. Campbell, C.S. Verbeke, Pathology of the pancreas, 2021

# Complications

- **Local complications:**

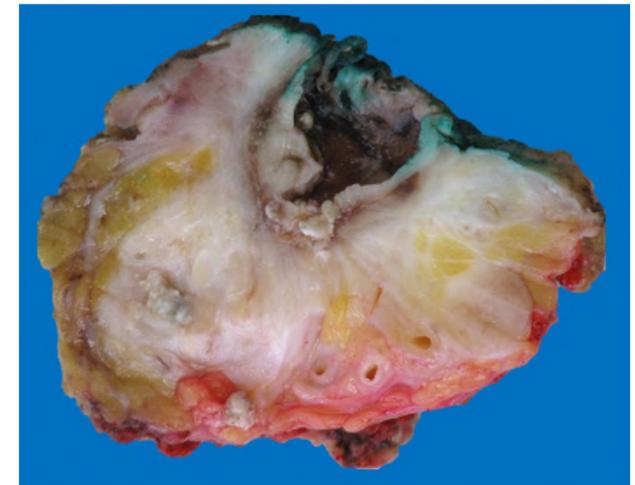
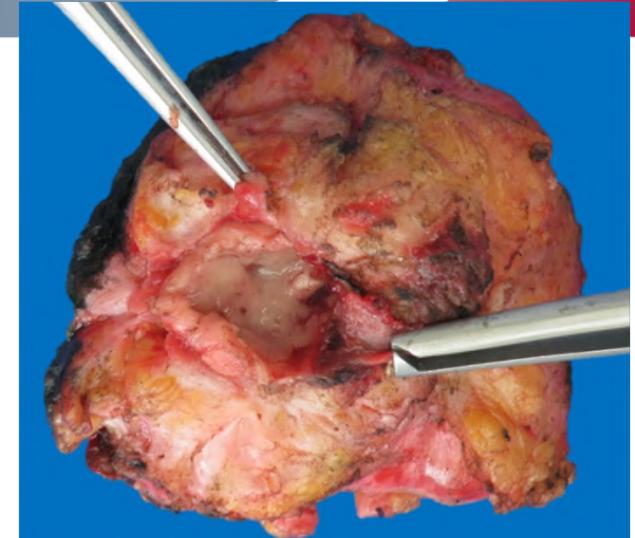
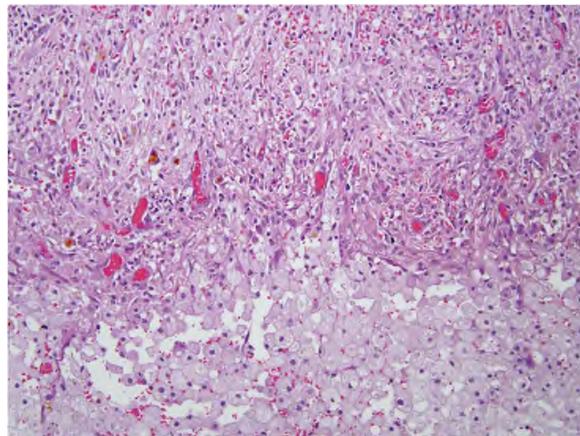
- Acute peripancreatic fluid collection
- Acute necrotic collection
- Pseudocyst
- Walled-off necrosis with liquid and solid, sticky content
- Gastric outlet syndrome
- Colonic necrosis or fistula
- Splenic and/or portal thrombosis

- **Systemic complications**

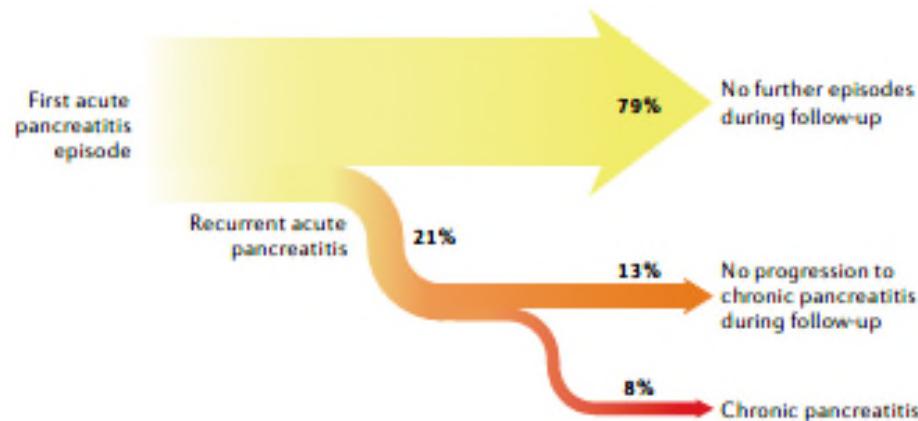
- Exacerbation of co-morbidity
- Sepsis
- Organ failure

- **Long term complications**

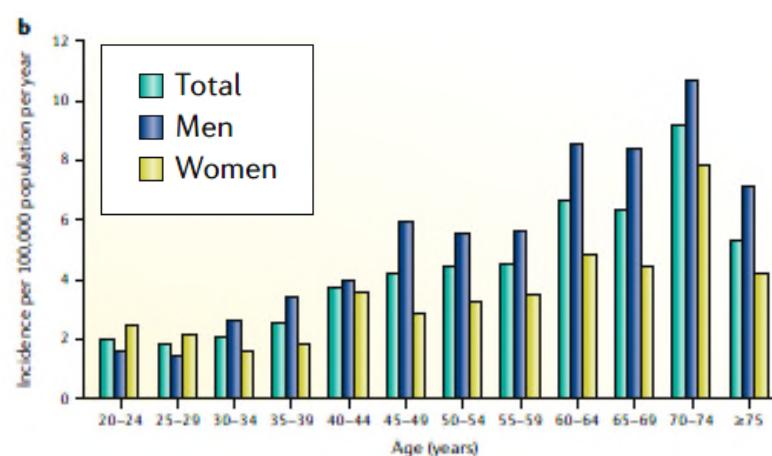
- Exocrine insufficiency risk dependent on degree necrosis
- Endocrine insufficiency risk on diabetes after 5 yrs



# Chronic pancreatitis



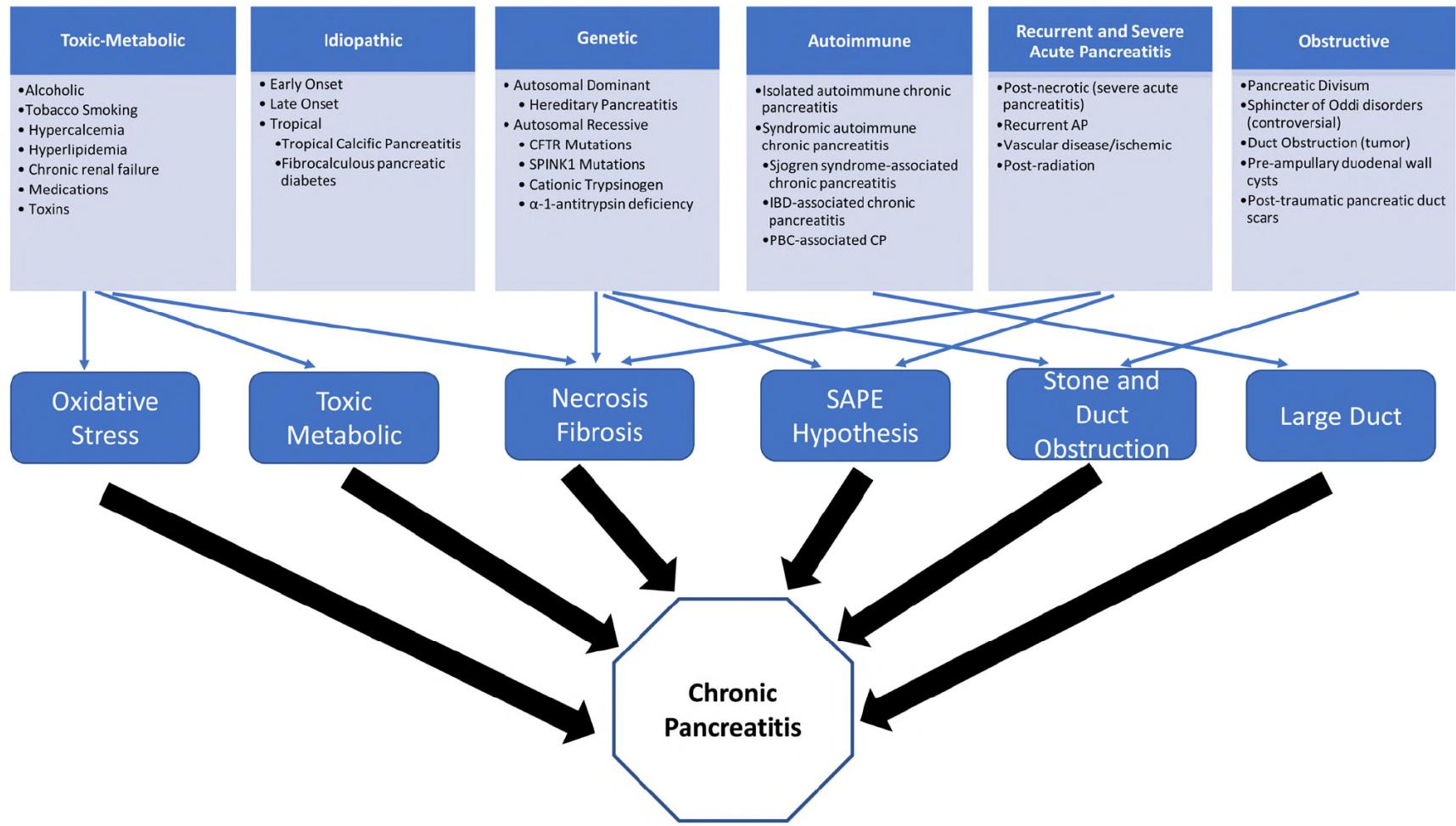
- Incidence
  - Early CP 1/100000/yr
  - CP 14/100000/yr
  - M/F = 5
- Symptoms
  - Abdominal pain
  - Weight loss
  - Malabsorption
  - Steatorrhoe



- Complications
  - Masses, pseudocysts (60%) or abcesses
  - Pleural effusions
  - GI bleeding
  - Peptic ulceration
  - Stenosis common bile duct
  - Endocrine insufficiency → diabetes
  - Portal hypertension
  - Pancreatic cancer

## Chronic pancreatitis: Definition

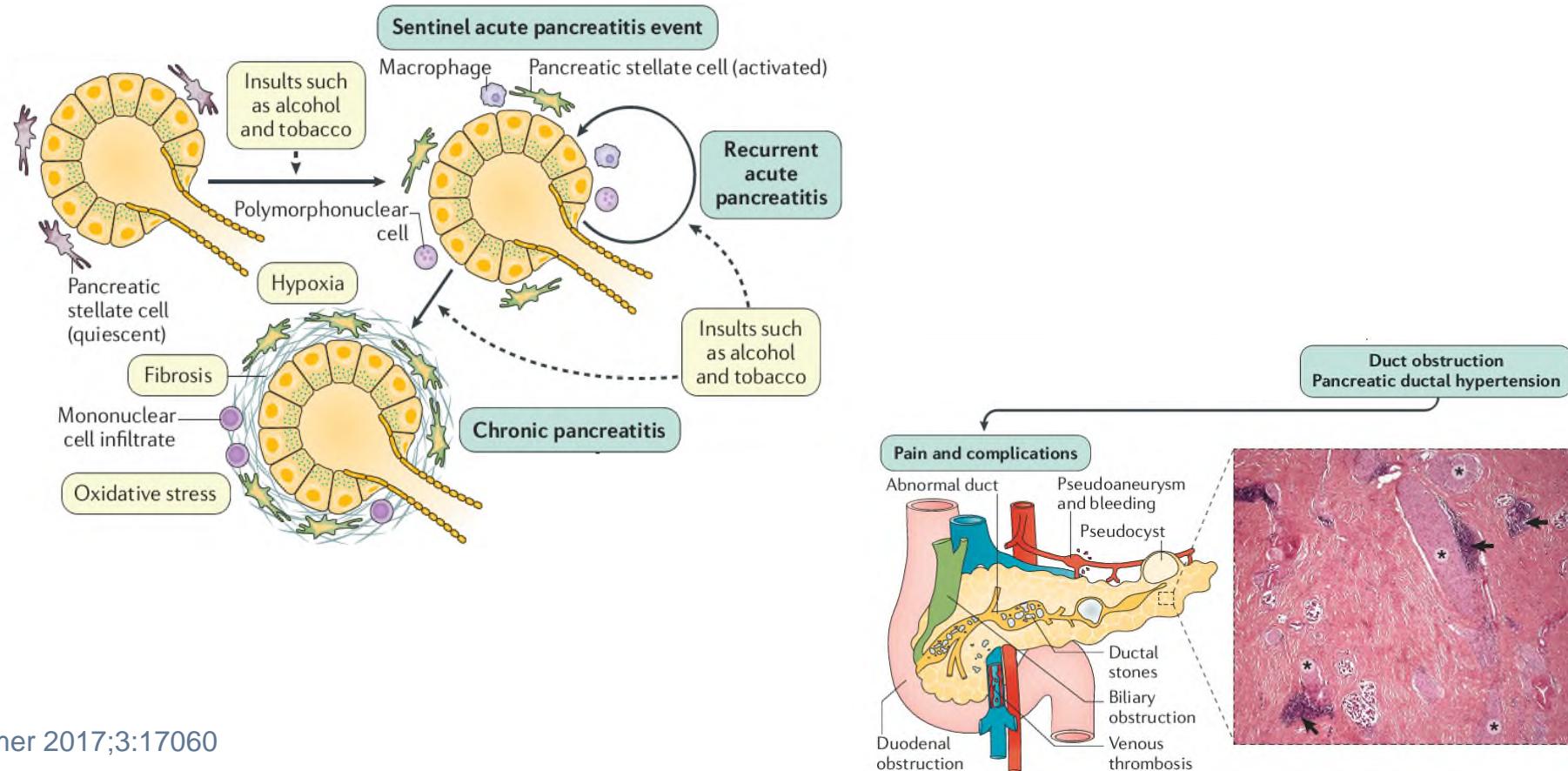
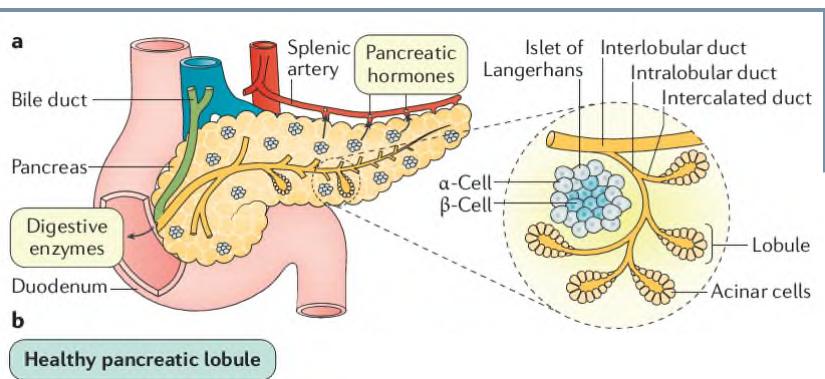
- CP is a disease of the pancreas in which **recurrent inflammatory** episodes result in **replacement** of the pancreatic parenchyma by **fibrous connective tissue**
- Etiology: **genetic, environmental and/or other risk factors** causing **persistent pathologic responses** resulting in parenchymal injury.
  - Progressive exocrine and endocrine insufficiency
  - Pseudocysts
  - Pancreatic duct obstructions
  - Duodenal obstruction
  - Vascular complications
  - Obstruction of the bile ducts
  - Malnutrition
  - Pain syndrome



**Figure 1. TIGAR-O risk factor classification system.** AP, acute pancreatitis; CFTR, cystic fibrosis transmembrane conductance regulator; CP, chronic pancreatitis; IBD, inflammatory bowel disease; PBC, primary biliary cirrhosis; SAPE, sentinel acute pancreatitis event; SPINK1, serine protease inhibitor kazal-type 1: TIGAR-O. Toxic-Metabolic, Idiopathic, Genetic, Autoimmune, Recurrent and Severe Acute Pancreatitis,

<https://doi.org/10.12688/f1000research.12852.1>





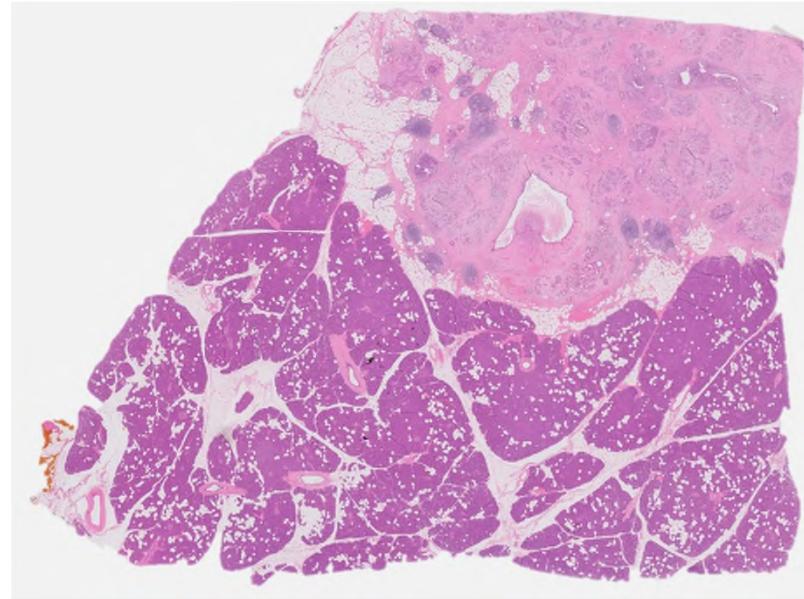
## Chronic pancreatitis: Macroscopy

- Enlargement focal, segmental or diffuse
- Induration and/or **fibrosis**
- Cystic **dilatation** of pancreatic ducts
- Calcifications
- **Atrophy** → shrunken and hardened pancreas
- Pseudocysts

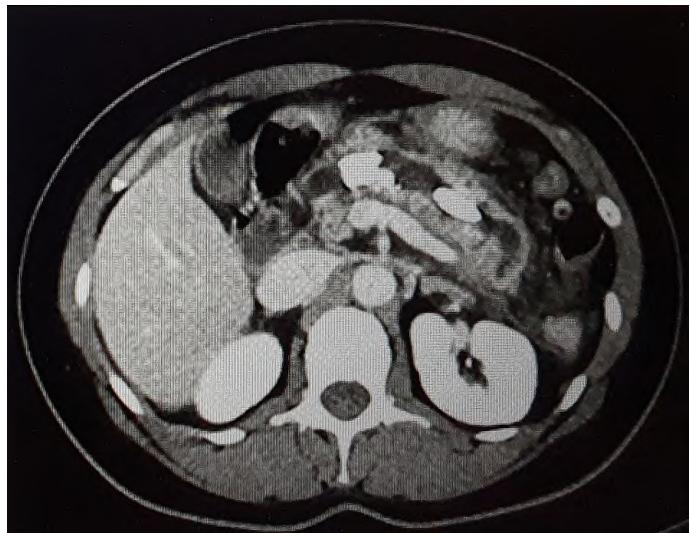


Cardinal features

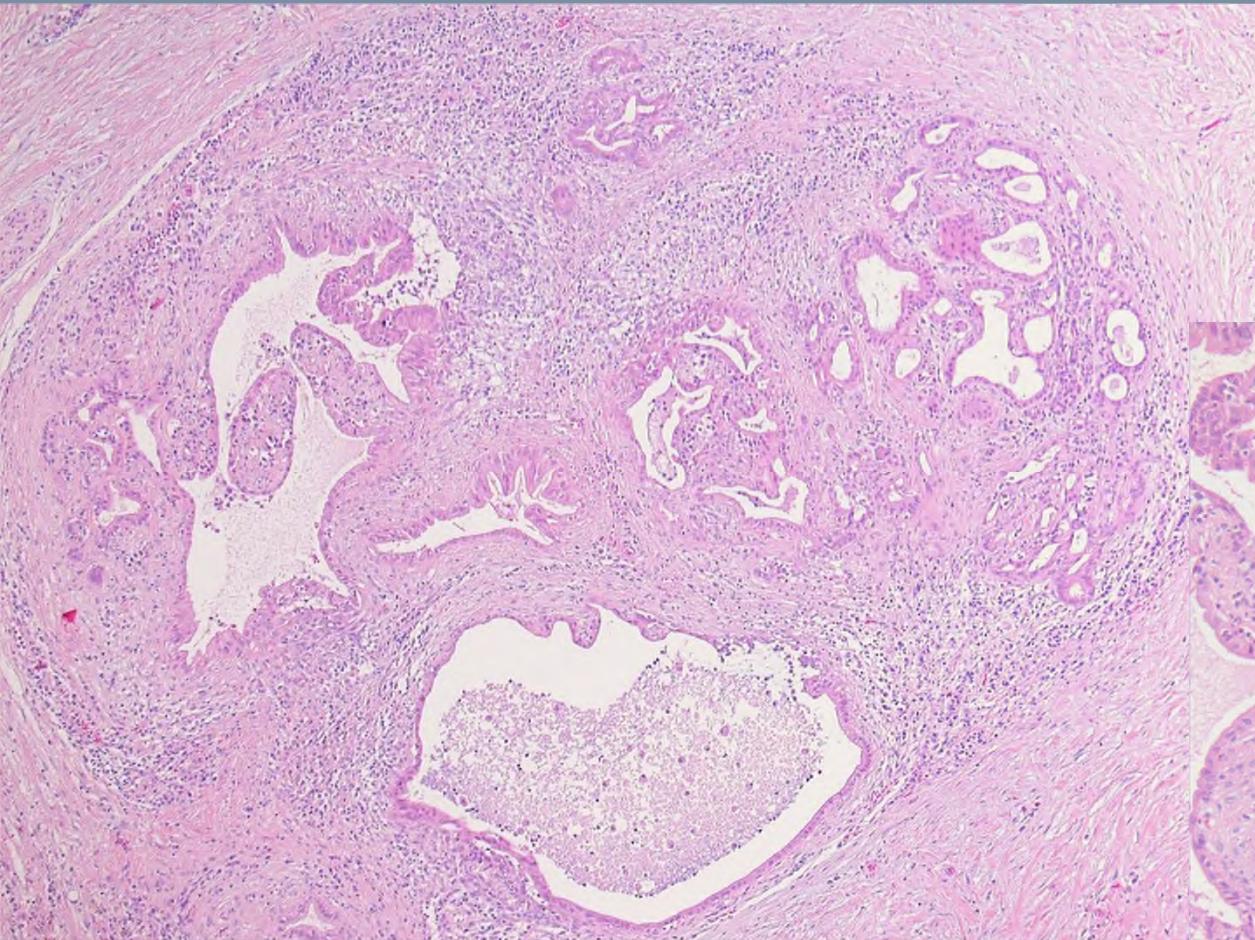
# Chronic pancreatitis



Main differential diagnosis  
Pancreatic adenocarcinoma

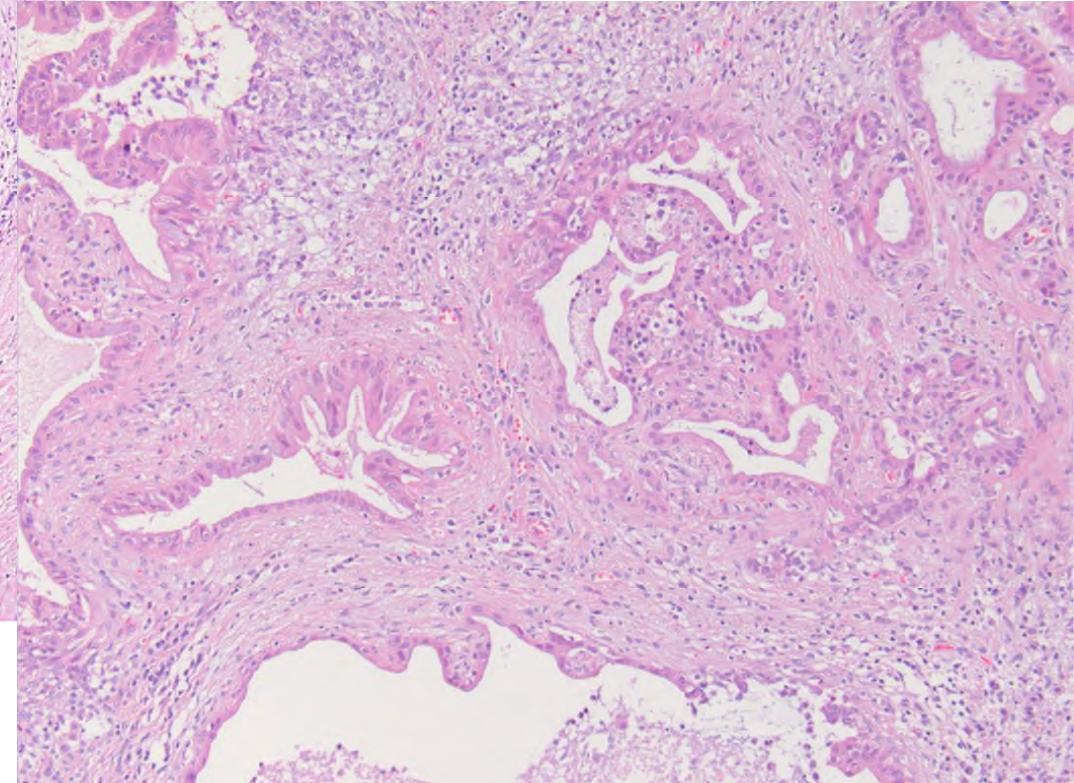


## Chronic pancreatitis: Microscopy

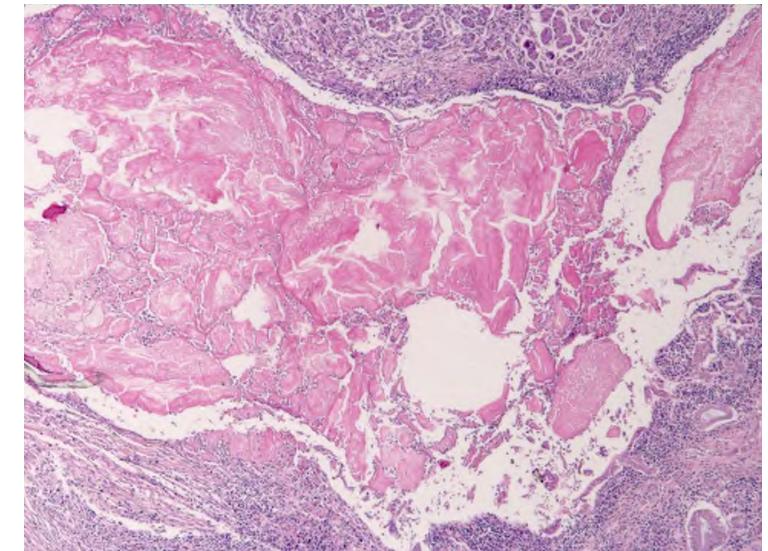
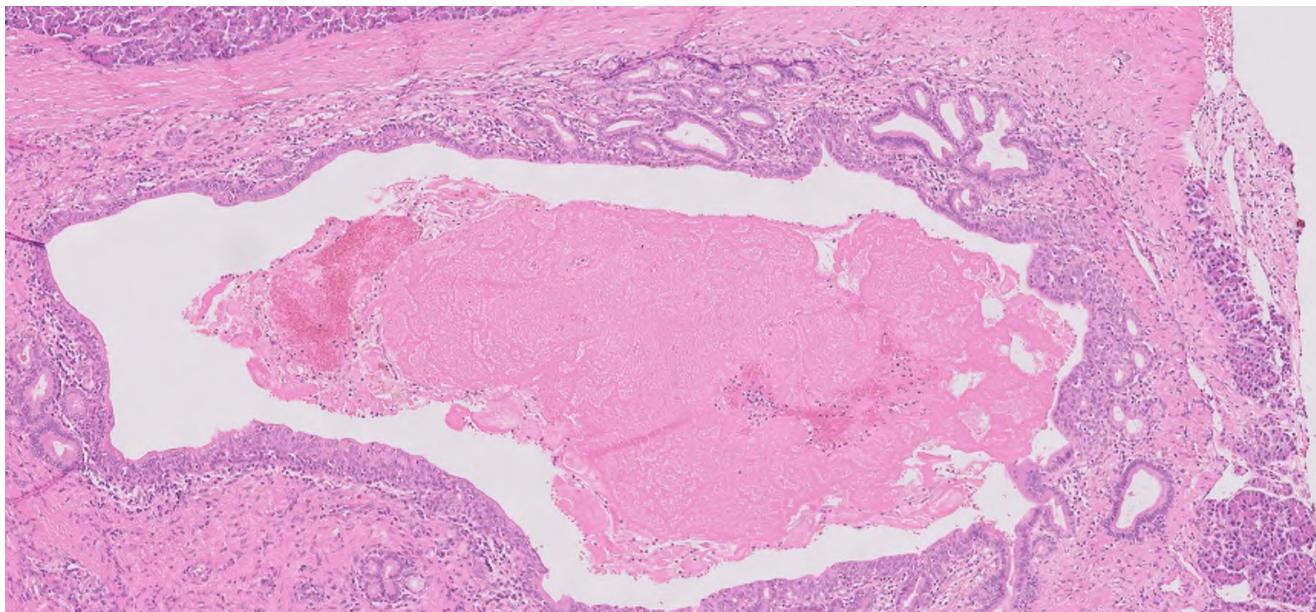


Irregular ducts with  
duct dilatation

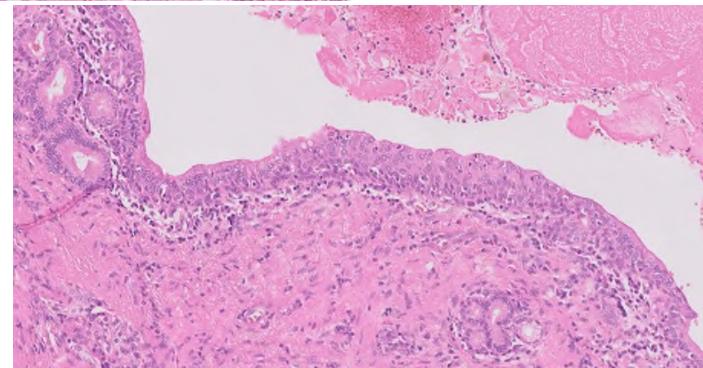
Periductal  
inflammation



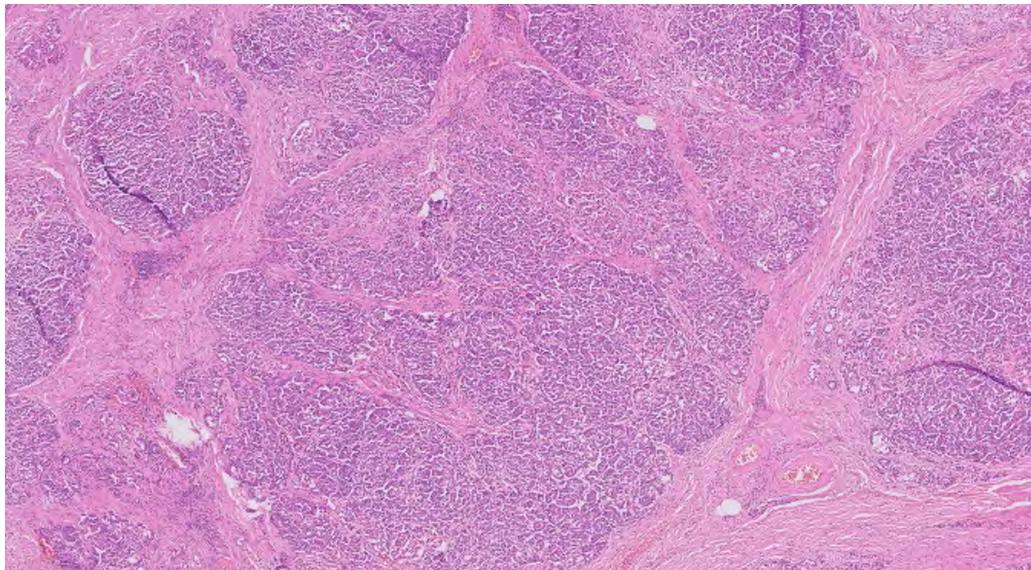
# Chronic pancreatitis: Microscopy



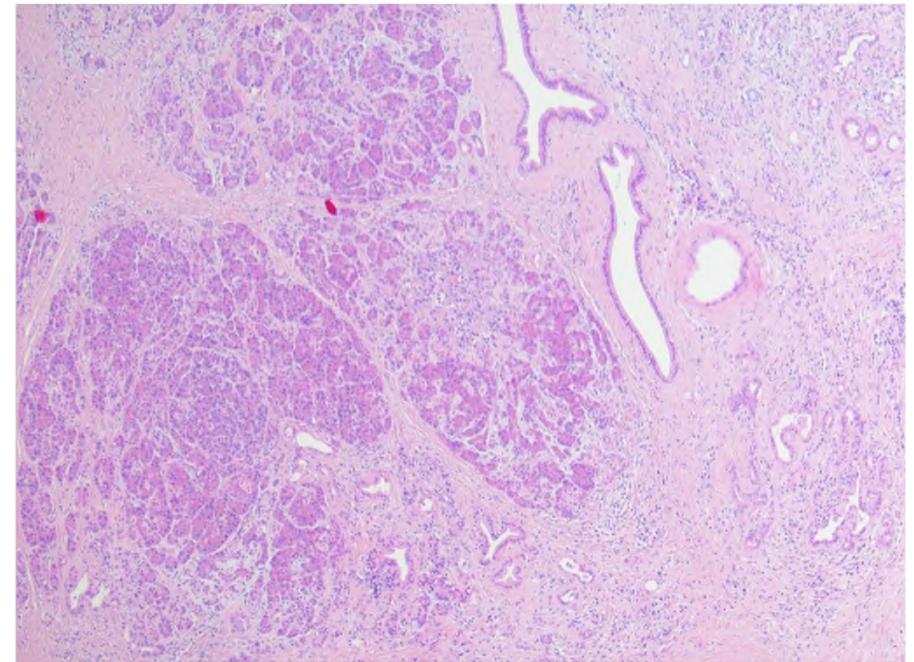
Squamous metaplasia



# Chronic pancreatitis: Microscopy

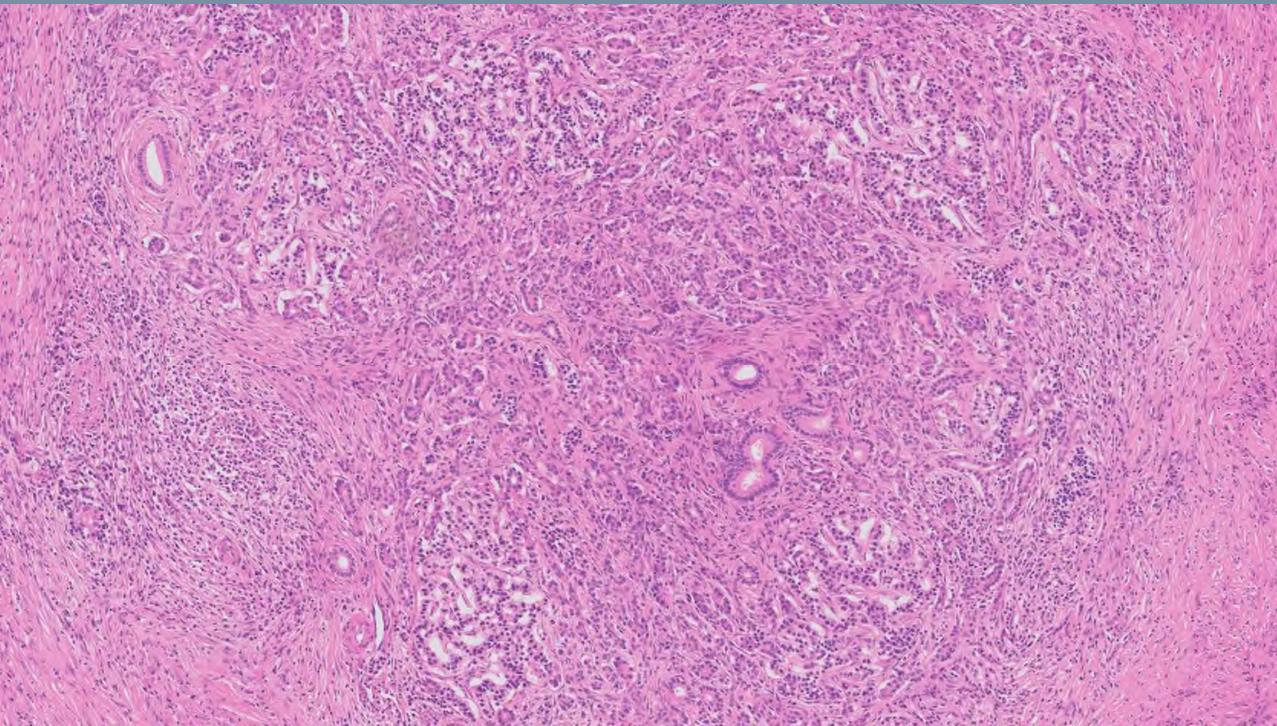


Interlobular fibrosis

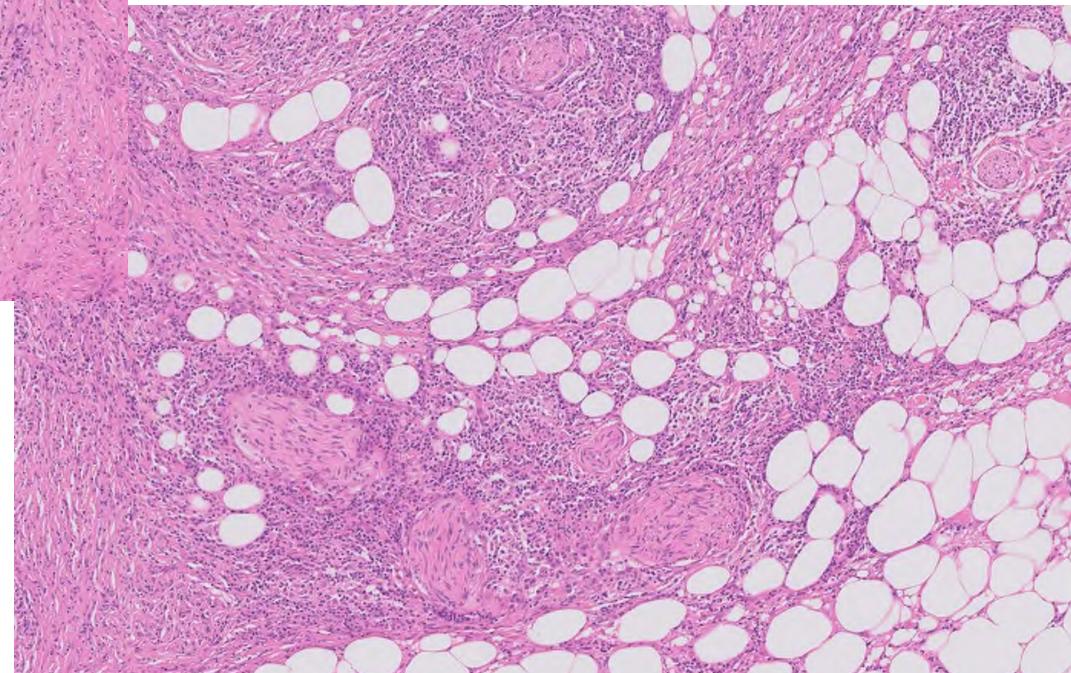


Interlobular / Intralobular fibrosis

# Chronic pancreatitis

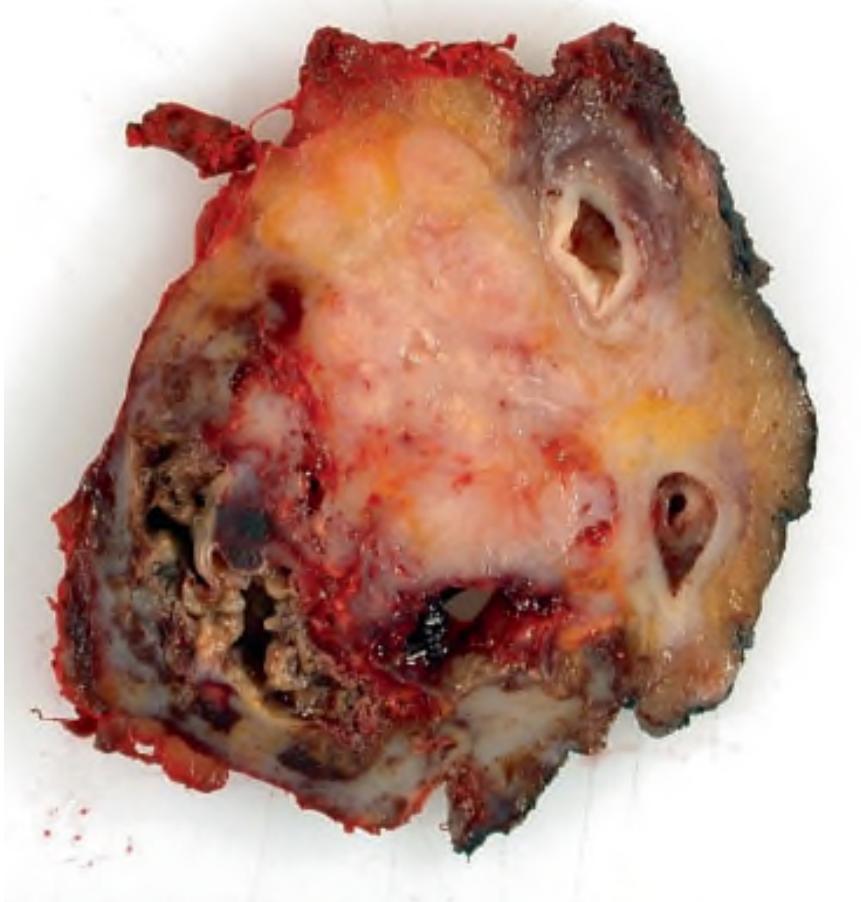


Hyperplasia of nerve fibres



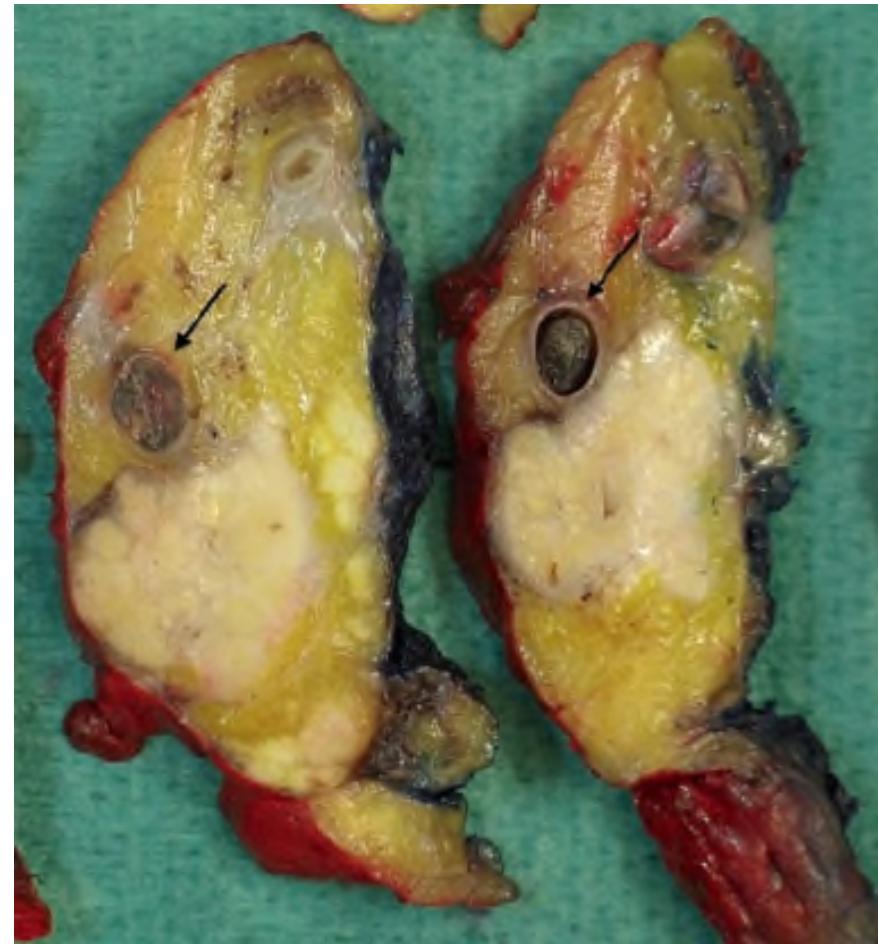
Hyperplasia of endocrine islands

# Chronic pancreatitis



Hemorragia

Campbell F, Verbeke CS Pathology of the pancreas, 2nd Ed



Thrombosis

# Chronic pancreatitis

- There is no generally accepted histopathological grading system to determine the severity of chronic pancreatitis

**Table 1**

Scoring system for the evaluation of the extent of fibrosis in chronic pancreatitis (from Klöppel & Maillet, 1991<sup>10</sup>).

Pattern of fibrosis	Grade of fibrosis		
	Mild	Moderate	Severe
<b>Perilobular fibrosis</b>			
Focal	1	2	3
Diffuse	4	5	6
<b>Intralobular fibrosis<sup>a</sup></b>			
Focal	1	2	3
Diffuse	4	5	6

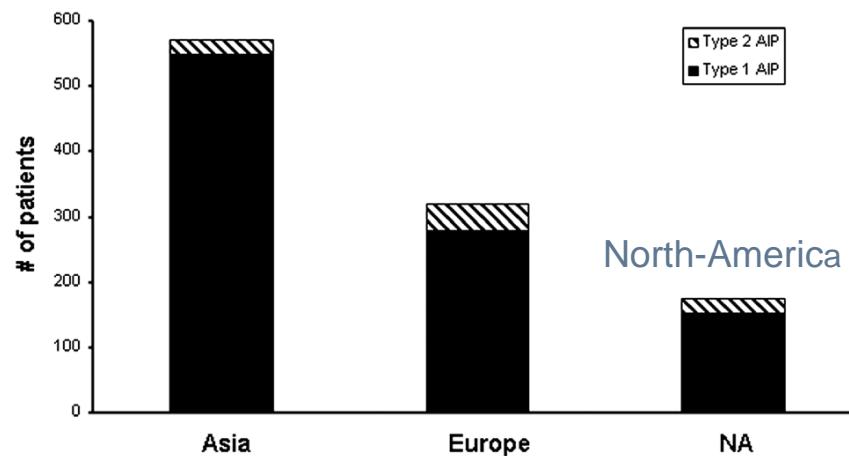
<sup>a</sup> Mild intralobular fibrosis: 10–40% fibrous replacement of the acinar cells;  
moderate intralobular fibrosis: 40–80% fibrous replacement of the acinar cells;  
severe intralobular fibrosis: 80–100% fibrous replacement of the acinar cells.

Klöppel et al. Pancreas 1991;6:266

Esposito et al. Pancreatology 2020;20:586

# Autoimmune pancreatitis

- AIP is a rare, steroid-response **fibro-inflammatory** condition, presenting as a pancreatic mass and often **mimicking** pancreatic cancer
- 1995: Yoshida : AIP distinctive entity
- Terminology
  - Lymphoplasmocytic sclerosing pancreatitis
  - Chronic sclerosing pancreatitis
  - Nonalcoholic pancreatitis
  - Inflammatory pseudotumor
- Symptoms: abdominal pain, icterus, weight loss
- Prevalence 4,6/100000, incidence 1,4/100000 Japan

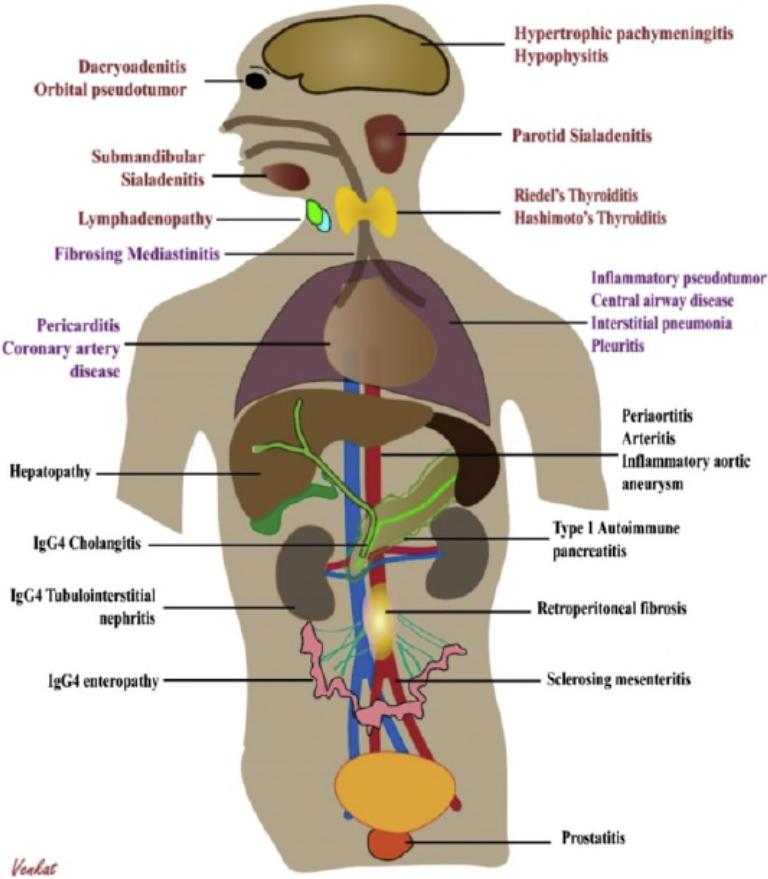


- **AIP type 1 =**
  - IgG4-related pancreatitis
  - Lymphoplasmocytic sclerosing pancreatitis
  - AIP-lobulocentric
- **AIP type 2 =**
  - Idiopathic-duct centric pancreatitis
  - AIP with GEL (granulocytic-epithelial lesions)
  - AIP-ductal

# Auto-immune pancreatitis: Clinical

	AIP type 1
Age	Older (Mean age 64 yrs)
Gender	F <10%, M/F 3
Prevalence in Asia	>95%
Prevalence in Europe	<60%
Symptoms: Jaundice Abdominal pain Acute pancreatitis Other symptoms	75-90% 30% 5-10% New-onset diabetes, weight loss, steatorrhoe
Other organ involvement	50%, multiorgan
IBD	2-6%
Diffuse pancreatic enlargement	30-40%
Serum IgG4 > 2x ULN	60-70%

# IgG-related disease



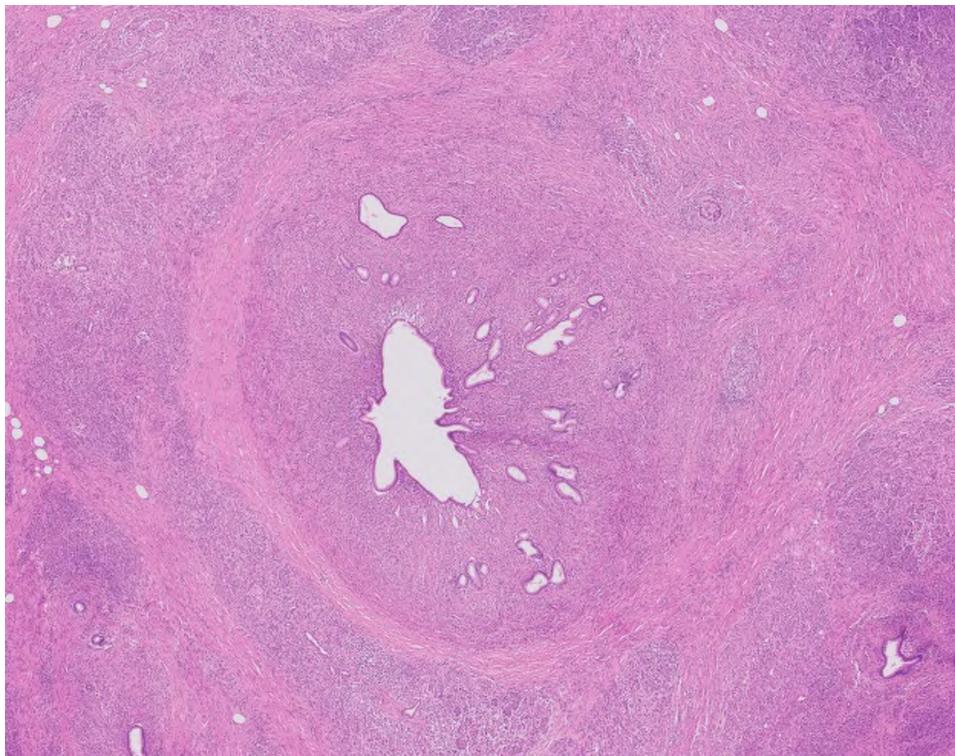
## Prevalence of IgG-4 systemic involvement.

### IgG-4 Related Systemic Involvement

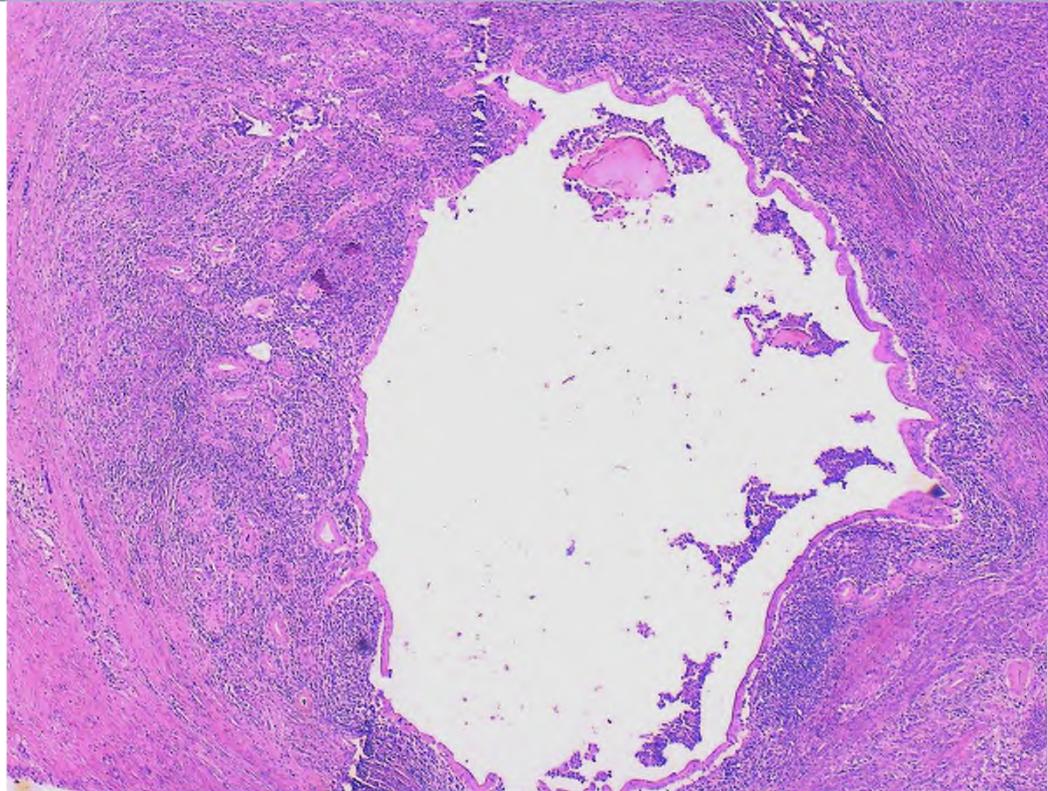
Salivary/ lacrimal gland Miculicz's disease	39%
Interstitial pneumonitis	9%
Sclerosing cholangitis	60%
Autoimmune hepatitis	2%
Renal Disease: Interstitial nephritis or Membranous nephropathy	17%
Hypothyroidism	22%
Hilar lymphadenopathy	80%
Type 1 autoimmune pancreatitis	100%
Retroperitoneal fibrosis	13%

# AIP type 1

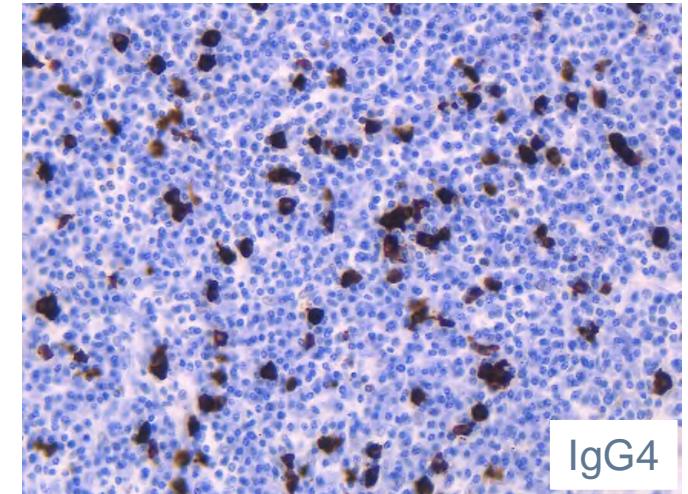
- Localisation:
  - Pancreatic head 76%
  - Body 6%
  - Tail 14%
  - Entire pancreas 3%
- Microscopic findings:
  - Lymphoplasmocytic infiltration
  - Storiform fibrosis
  - Obliterative phlebitis



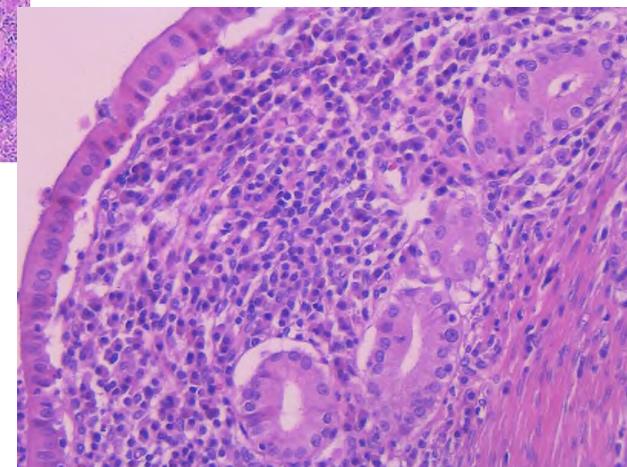
# AIP type1



Periductal inflammation

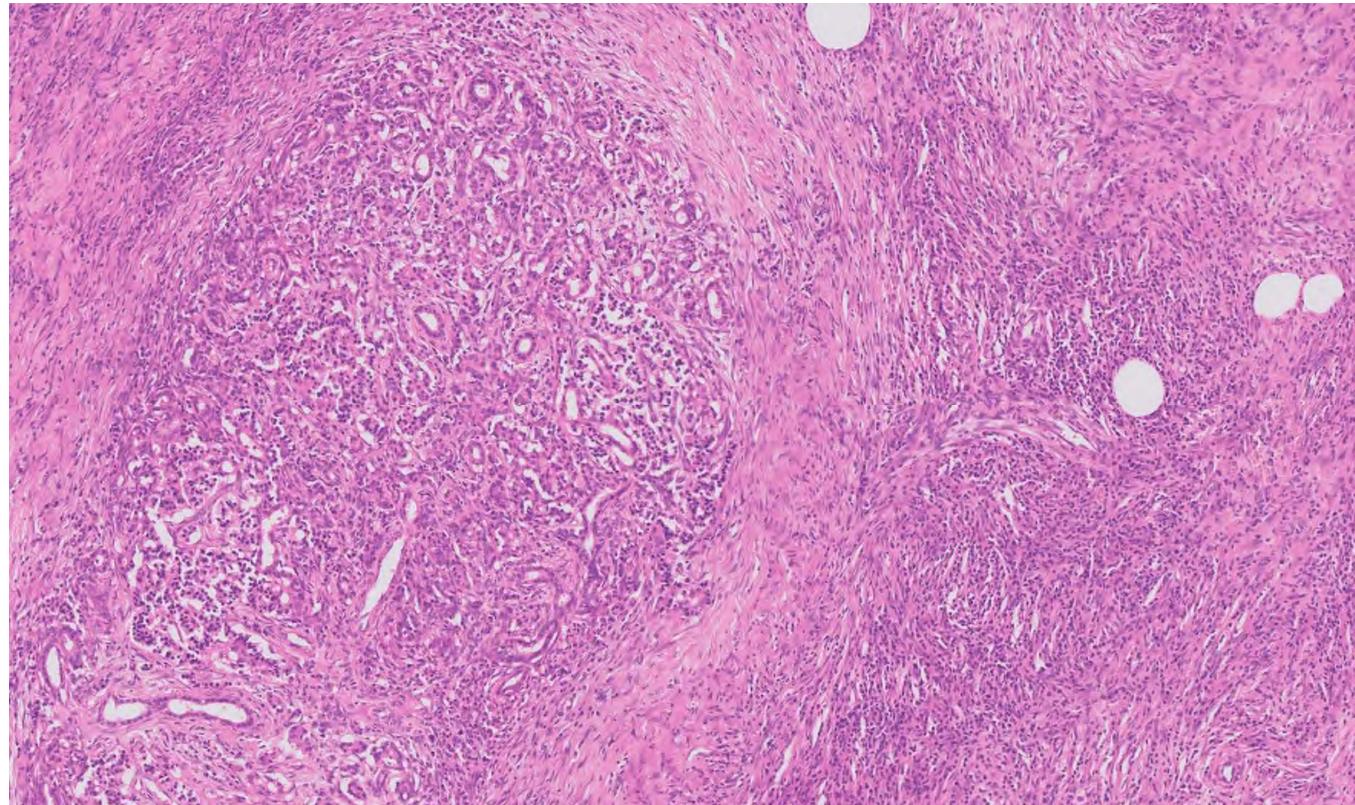


IgG4



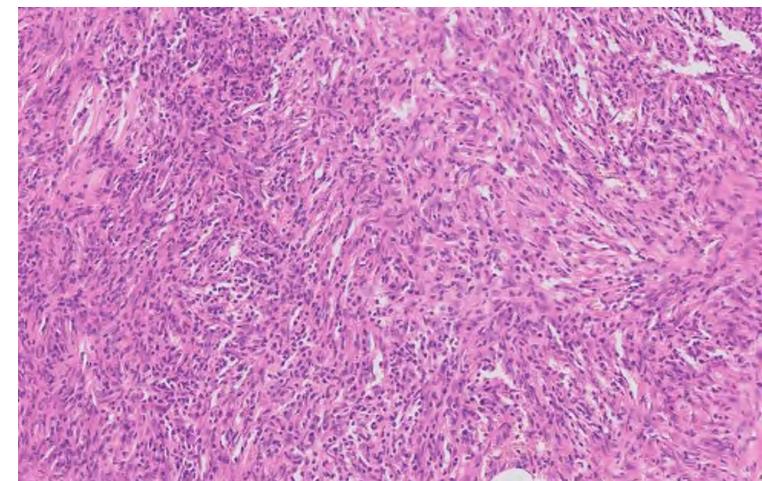
RP / UZA

## AIP type1

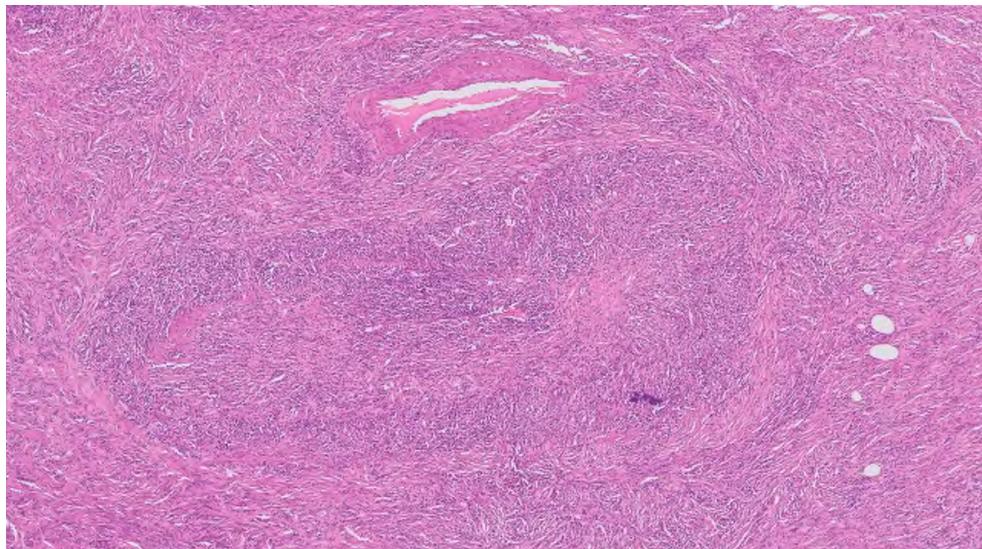


Storiform fibrosis

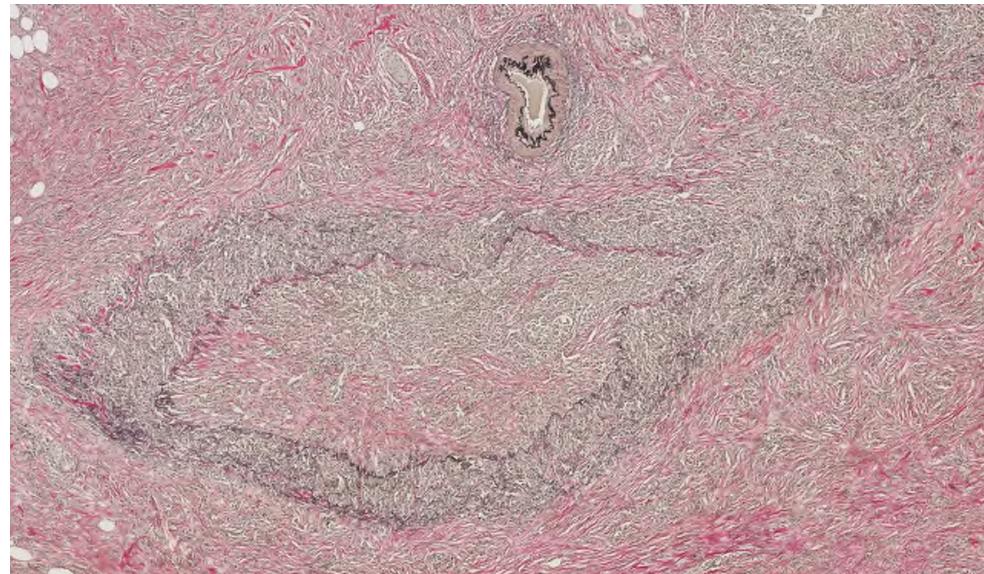
Diffuse lymphoplasmocytic infiltrate



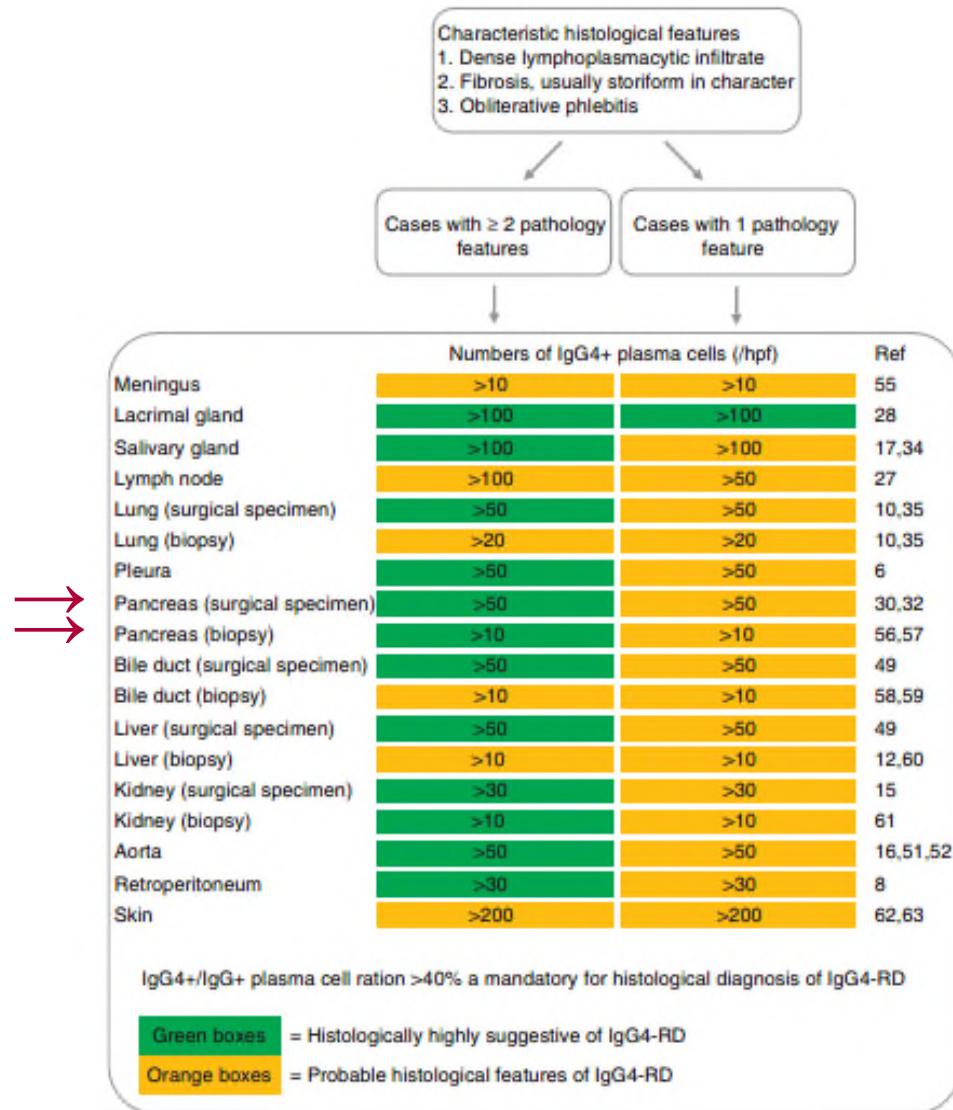
# AIP type1



Obliterative phlebitis



# AIP type 1



## Consensus statement on the pathology of IgG4-related disease

- Primary: dense lymphoplasmocytic infiltrate, storiform fibrosis, obliterative phlebitis
- Secondary: IgG4 count
- Different threshold values ranging from > 10 to > 50 IgG4+ plasmacells/hpf
- >10/hpf for biopsies, > 50/hpf for resection specimens
- Hot spot area
- IgG4+/IgG+ ratio > 40% recommended cut off value

Deshpande V Modern Pathol 2012;25:1181

## Grades of Severity of Autoimmune Pancreatitis

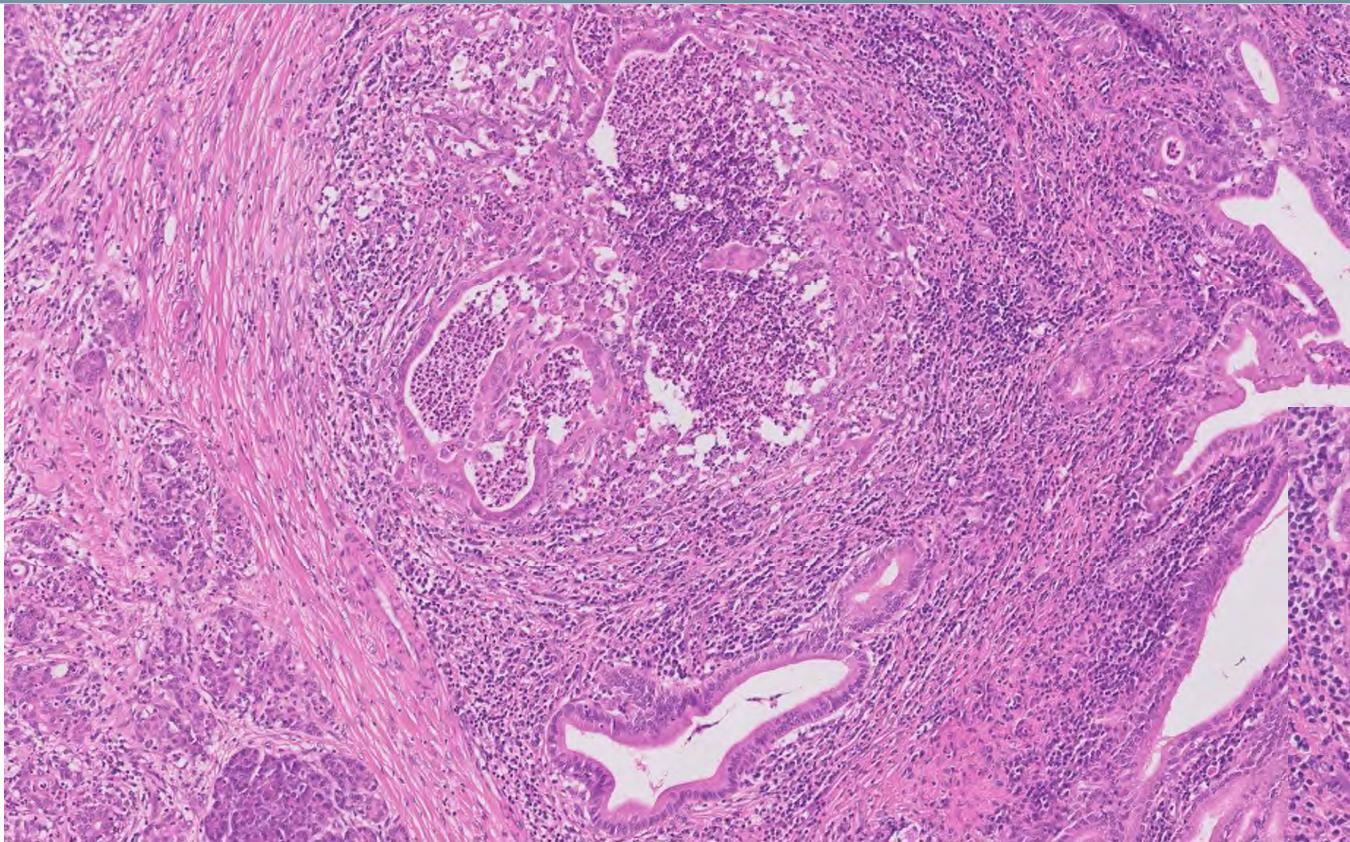
Grade 1	Scattered periductal lymphoplasmacytic infiltrates; mild duct obliteration; almost no interlobular and acinar involvement
Grade 2	Multiple periductal lymphoplasmacytic infiltrates; mild periductal fibrosis and duct obliteration; mild interlobular and acinar involvement; focal inflammatory storiform fibrosis; occasional, mild venulitis
Grade 3	Diffuse periductal lymphoplasmacytic infiltrates; marked periductal fibrosis and duct obstruction; moderate interlobular and acinar involvement; moderate focal inflammatory storiform fibrosis; frequent venulitis; scattered lymphoid follicles
Grade 4	Diffuse periductal lymphoplasmacytic infiltrates; severe periductal fibrosis and duct obstruction/disappearance; severe interlobular and acinar involvement; severe inflammatory storiform fibrosis and diffuse sclerosis; frequent venulitis and occasional arteritis; scattered and occasionally prominent lymphoid follicles

- Inflammation
- Fibrosis
- Vascular changes

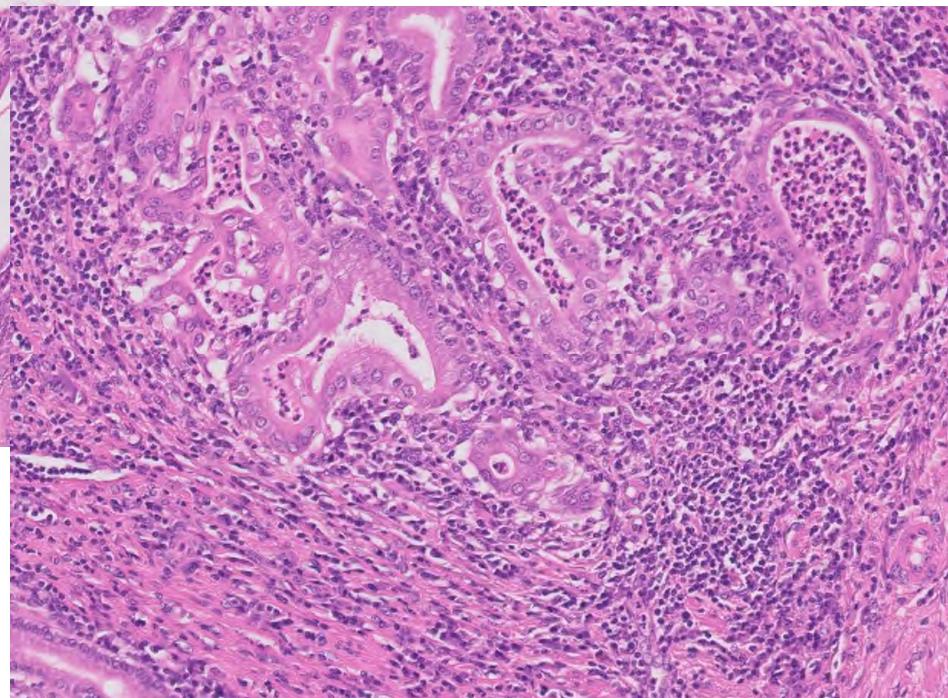
# Auto-immune pancreatitis: Clinical

	AIP type 1	AIP type 2
Age	Older (Mean age 64 yrs)	Younger (mean age 40 yrs)
Gender	F <10%, M/F 3	F > 30 %, M/F ≤ 1
Prevalence in Asia	>95%	5%
Prevalence in Europe	<60%	> 30%
Symptoms:		
Jaundice	75-90%	50-70%
Abdominal pain	30%	60%
Acute pancreatitis	5-10%	30%
Other symptoms	New-onset diabetes, weight loss, steatorrhoe	New-onset diabetes, weight loss, steatorrhoe
Other organ involvement	50%, multiorgan	40%, ulcerative colitis
IBD	2-6%	16%
Diffuse pancreatic enlargement	30-40%	15-25%
Serum IgG4 > 2x ULN	60-70%	15-25%

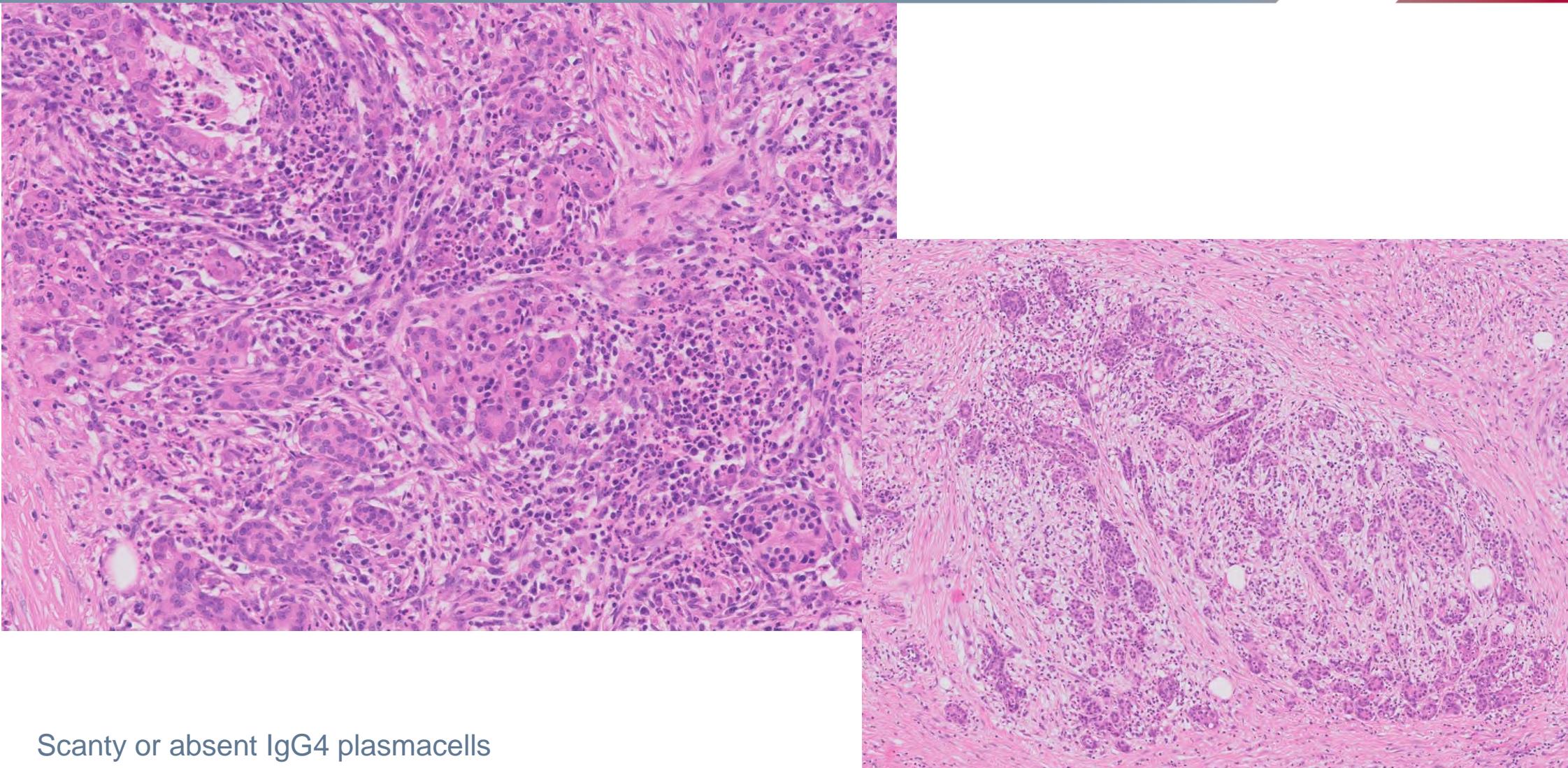
## AIP type 2



Granulocytic epithelial lesion



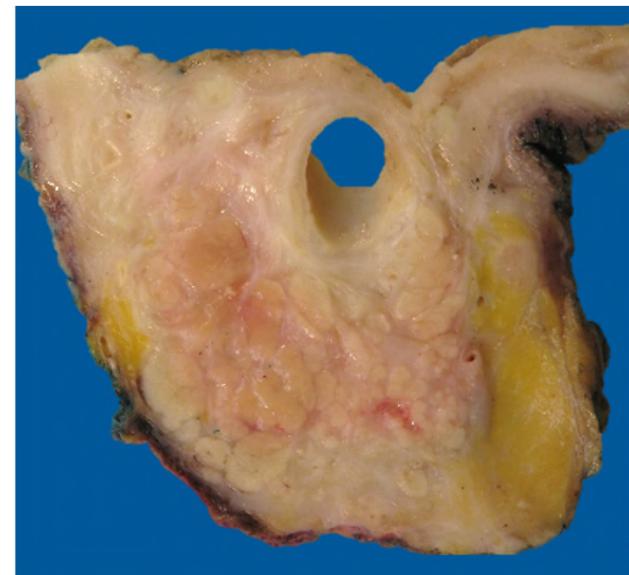
## AIP type 2



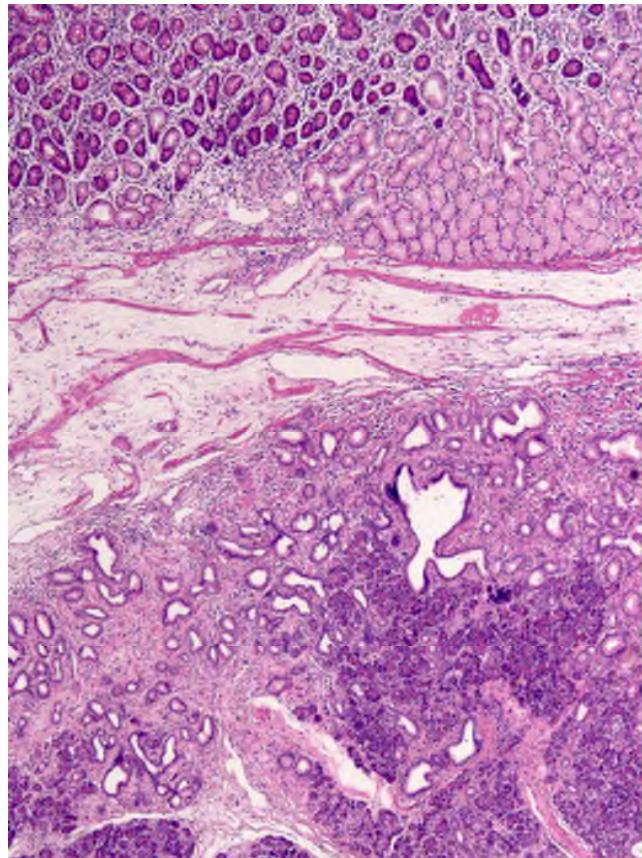
Scanty or absent IgG4 plasmacells

## Groove pancreatitis

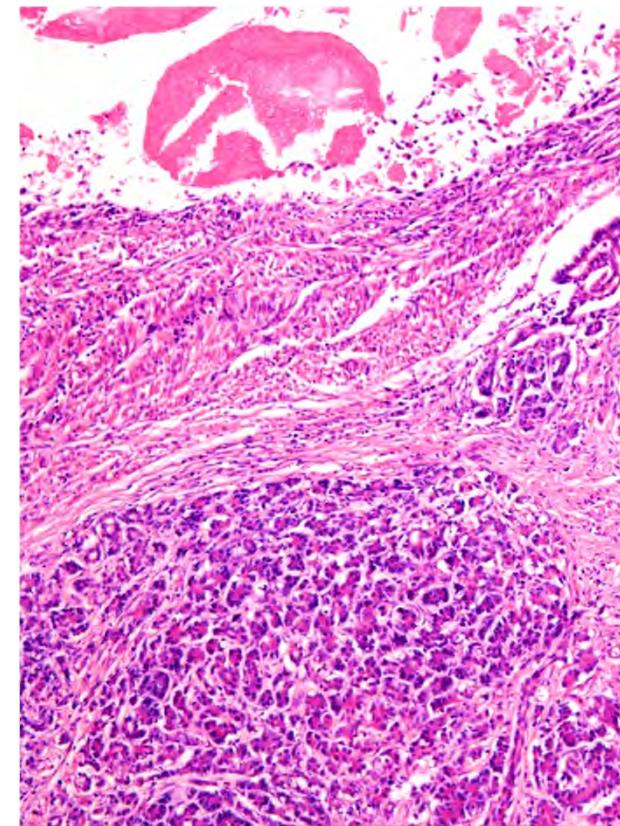
- Paraduodenal pancreatitis
- Described by Becker in 1973
- rare segmental chronic pancreatitis affecting the groove between the head of the pancreas, the duodenum and the common bile duct.
- Cystic dystrophy of heterotopic pancreas
- results in fibrosis of paraduodenal region in vicinity of minor ampulla
- Alcohol is precipitating factor, commonly in young to middle-aged adults



## Groove pancreatitis

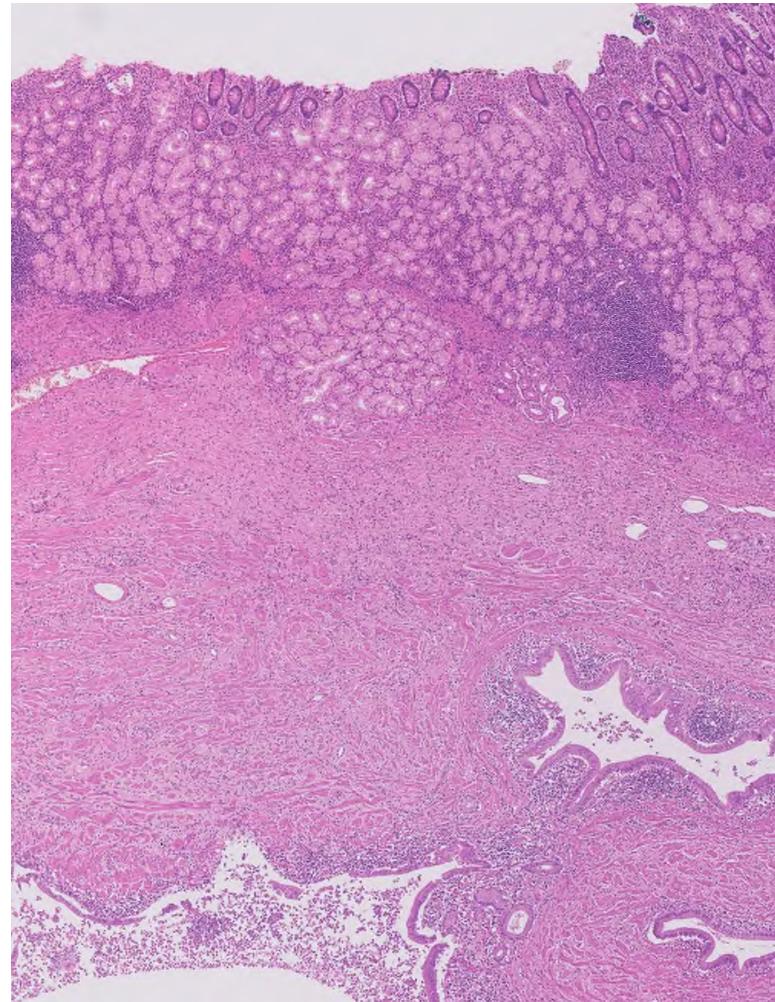


Heterotopic pancreas parenchym



Pseudocyst/Cyst

# Groove pancreatitis



- Hyperplasia Brunner's gland
- Ductectasia
- Fibrosis, inflammation

# Conclusion

- Pancreatitis is an inflammatory disorder of the pancreas
- Morphological classification
  - Acute pancreatitis: interstitial / necrotic pancreatitis
  - Chronic pancreatitis: inflammation, fibrosis, atrophy
- Etiology:
  - Frequent causes: bile stones, alcohol
  - Rare: auto-immune pancreatitis (type I/II), Groove pancreatitis ....
- Morphology ~~---->~~ Etiology
- No generally accepted grading of the severity of pancreatitis
- Peritumoral pancreatitis